How I Feel



拍数: 32 墙数: 4 级数: Intermediate

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音乐: How I Feel - Flo Rida



[4 count Intro]

Jazz box, step slide, rock recover

1, 2 Cross R over L, Step L foot back	back
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- 3, 4 Step R foot to R side, touch L foot beside R
- 5, 6 Take a large step to the L side with L foot, Slide R foot beside L
- 7, 8 Rock back on R foot, recover weight to L

Weave right, ½ turn brush, L side gallop, touch

1. 2	Step R foot to R side, cro	see I habind P
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- 3, 4 Step R foot to R side turning ¼, Brush L while making a ¼ turn to the R
- 5, 6 (Left side gallop) Step L foot to L side, Hold,
- &7, 8 Quickly step R beside L, step L side L, touch R beside L

Kick ball cross, step, lock, walk, walk, step touch

T&Z	(With feet angled 45° to the R), Kick R foot, step on R ball of foot, cross L over R
3, 4	Step R to R side, Lock L behind R
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5, 6 Step R to R side, Cross L over R

7, 8 Step R to R side, Touch L beside R

Full Turn - 1/4 Lock, 1/4 Lock, 1/4 Lock, 1/4, touch

1, 2	Make ¼ turn to L stepping forward on L, lock R behind L
3, 4	Make 1/4 turn to L stepping forward on L, lock R behind L
5, 6	Make 1/4 turn to L stepping forward on L, lock R behind L

7, 8 Make ¼ turn to L stepping forward on L, touch R beside L (end facing 9:00)

[Repeat from the top]

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