Ready To Roll

拍数: 32

级数: Improver / Easy Intermediate

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音乐: Ready To Roll - Blake Shelton : (Album: Red River Blue - Deluxe Version)



[1-8] ROCK BACK/RECOVER, TRIPLE ½ TURN, ROCK BACK/RECOVER ¼ LEFT, TRIPLE RIGHT

- 1-2 Rock back on L, Recover on R
- 3&4 Triple step L-R-L turning ½ R
- 5-6 Rock back on R, Recover on L turning ¼ left. (3 o'clock)
- 7&8 Triple to the R stepping R-L-R

[9-16] CROSS POINT, CROSS POINT, CROSSOVER, STEP BACK TURNING ¼, TRIPLE LEFT

- 1-2 Cross L behind R, Touch R toe to R side bumping R hip R
- 3-4 Cross R over L, Touch L toe to L side bumping L hip L
- 5-6 Cross L over R, Step back on R turning ¼ L (6 o'clock) *****
- 7&8 Triple to the L stepping L-R-L

***** Restart Wall 4, after count 6, Rock L to side swaying hips L, Recover on R swaying hips R

[17-24] PIVOT TURN (2Xs) , CROSSOVER, STEP BACK, TRIPLE TO THE RIGHT

- 1-2 Touch R forward, Pivot turn ¼ left (weight on L)
- 3-4 Touch R forward, Pivot turn ¼ left (weight on L)
- 5,6 Cross R over L, Step back on L
- 7&8 Triple to the R, stepping R-L-R

[25-32] CROSSOVER STEP BACK, TRIPLE TO THE L, SWAY R-L, TRIPLE TO THE RIGHT

- 1-2 Cross L over R, Step back on R
- 3&4 Triple to R stepping L-R-L
- 5-6 Step R to side swaying hips to R, Sway hips to L (recover weight to L)
- 7&8 Triple to the R stepping R-L-R

*Restart during wall 4 starts at 6 o'clock:

Dance up to and including count 6 in section 2, then, replace counts 7&8 (triple left) with:

7-8 Rock L to side swaying hips L, Recover on R swaying hips to R -

Begin again facing 6 o'clock wall by rocking back on L

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墙数:2