| Just | Once |
|------|------|
| | |



| | | | GU | STEPSHEETS |
|------------------------------|--|--------------------|---|---------------|
| 拍数: | 48 | 墙数: 2 | 级数: Advanced | |
| 编舞者: | Malene Jakobse | en (DK) - Februa | ary 2014 | |
| 音乐: | I'll Never Break One - iTunes) | Your Heart - Ba | ackstreet Boys : (Album: Greatest Hits - Chapter | |
| ntro: 16 counts | 18 seconds into | track, dance be | gins with weight on R | |
| Tag: There is or | ne Tag after wall | 3, you'll be facin | counts, you'll be facing 6.00 ng 12.00 æ is not written as a waltz. | |
| | | | shuffle 1/2, 3/4, cross shuffle, point | |
| a1-2 | | | bck fwd. on R, (2) recover onto L 12.00 | |
| a3-4 | | | ack on L, (4) recover onto R 12.00 | |
| &a5 | ., . | . , | R, (5) step fwd. on L 6.00 | |
| 6&a | | . , | R, (&) step L next to R, (a) turn 1/4 L stepping b | ack on R |
| 000 | 12.00 | opping sack off | | |
| 7 | (7) Turn 1/2 L st | epping fwd. on L | L, hitch R and continue turning another ¼ L 3.00 | I |
| 8&a1 | | | ightly L, (a) cross R over L, (1) point L to L 3.00 | |
| [10-17] Behind, | side, cross, unwi | ind 1/2, coaster, | basic waltz steps x 4 making 1/2 turn, step fwd. | |
| 2&a | (2) Cross L behi | nd R, (&) step R | R to R, (a) cross L over R 3.00 | |
| 3 | (3) Unwind 1/2 to | urn R keeping w | reight on L 9.00 | |
| 4&a | (4) Step back or | າ R, (&) step L ne | ext to R, (a) step fwd. on R 9.00 | |
| 5&a | (5) Step diagona | ally fwd. on L, (& | a) step R next to L, (a) step L next to R 7.30 | |
| 6&a | (6) Step back or | ו R making 1/8 L | ., (&) step L next to L, (a) step R next to L 6.00 | |
| 7&a | | • | a) step R next to L, (a) step L next to R 4.30 | |
| 8&a | · · · | • | ., (&) step L next to L, (a) step R next to L 3.00 | |
| 1 | (1) Step fwd. on | L | | |
| | | | over, 1/4, 1/4, twinkle, cross sweep | |
| 2-3 | ., . | . , | finish with pointing R to R 12.00 | |
| 4&a5 | (4) Turn 1/4 R st R to R, (5) cross | | n R, (&) turn 1/2 R stepping back on L, (a) turn 1. | /4 R stepping |
| 6&a7 | (6) Recover onto | o R, (&) turn 1/4 | L stepping fwd. on L, (a) step fwd. on R, (7) turn | n 1/4 L 6.00 |
| 8&a | . , | | wards L diagonal, (a) step R towards R diagona | l 6.00 |
| 1 | (1) Cross L over | R sweeping from | m back to front 6.00 | |
| | · · · · · · | | oss rock, side, sailor, sways 6.00 | |
| 2&a | . , | | htly back on L, (a) turn 1/4 R stepping R to R 9.0 | 00 |
| 3 | . , | | from back to front 9.00 | ~~ |
| 4&a | . , | ., | htly back on L, (a) turn 1/4 R stepping R to R 12 | .00 |
| 5&a | . , | . , | r onto R, (a) step L to L 12.00 | |
| 6&a | () | · · · · · | to L, (a) step R to R 12.00 | |
| 7-8 NOTE Restart h | (7-8) Sway L, R h ere, you'll be fac | | | |
| | - | - | ind 3/4, chasse, touch, kick ball cross | |
| 1&a2 | • | | L, (a) step L to L, (2) point R diagonally R 12.00 |) |
| 3&a4 | | | r R, (a) step R to R, (3) point L diagonally L 12.0 | |
| | | | (a) step it to it, (b) point L diagonally L 12.0 | 0 |

3&a4(3) Step R to R, (&) cross L over R, (a) step R to R, (3) point L diagonally L 12.00&a5(&) Step L next to R, (a) cross R over L, (5) unwind 3/4 turn L on ball of R 3.00

- 6&a7 (6) Step L to L, (&) step R next to L, (a) step L to L, (7) touch R next to L with R knee towards L 3.00
- 8&a (8) Kick R diagonally R as you roll R knee and 'grind' on ball of L, (&) step R next to L, (a) cross L over R 3.00

[41-48] Side, back rock, side, back rock, 1/4, 1/2, 1/2, step, shuffle 1/2 R

- 1&a (1) Step R to R, (&) rock back on ball of L, (a) recover onto R 3.00
- 2&a (2) Step L to L, (&) rock back on ball of R, (a) recover onto L 3.00
- 3-4 (3) Turn 1/4 L stepping back on R, (4) turn 1/2 L stepping fwd. on L 6.00
- 5& (5) Step fwd. on R, (&) make a sharp 1/2 turn L 12.00
- 6&a7 (6) Step fwd. on R, (&) turn 1/4 R stepping L to L, (a) step R next to L, (7) turn 1/4 R stepping back on L 6.00
- 8 (8) Rock back on R 6.00

TAG Walk x 4 (Q Q S S)

&a1-2 (&a) Walk fwd. L, R, (1-2) walk fwd. L, R

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