

Next Plane Home

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Easy Intermediate
编舞者: Chris Cleevely (UK) - March 2014
音乐: Next Plane Home - Daniel Powter : (Album: Under The Radar - iTunes)



Start on vocals

Section1: (1 – 8) Rock, Recover; Chasse ¼ Turn R; Rock, Recover; ½ Shuffle L

- 1 - 2 Rock forward R, recover on L
- 3 & 4 Step R to R side, step L beside R, step ¼ turn R (3 o'clock)
- 5 - 6 Rock forward R, recover on L
- 7 & 8 Shuffle ½ turn L, stepping L/R/L (9 o'clock)

Section 2: (9 – 16) 2 x R Kick Ball Steps; Scuff ¼ Turn R; L Forward Mambo

- 1 & 2 Kick R forward, take weight on ball of R, step L forward
 - 3 & 4 Kick R forward, take weight on ball of R, step L forward
 - 5 - 6 Scuff R forward & step ¼ turn R (weight on R) (12 o'clock)
 - 7 & 8 Rock forward L, recover on R, step back on L
- ** 3 x RESTARTS HERE DURING WALL 2 (3 o'clock), WALL 4 (6 o'clock) & WALL 7 (12 o'clock)**

Section 3 (17 – 24) 3 x Runs Back; Rock Back, Recover, Forward R Shuffle, Scuff ¼ Turn R

- 1 & 2 Run back R/L/R
- 3 - 4 Rock back L, recover weight on R
- 5 & 6 Shuffle forwards, stepping L/R/L
- 7 - 8 Scuff R forward & step ¼ turn R (weight on R) (3 o'clock)

Section 4 (25 - 32) Toe Switches L & R & L, Touch R; R Rocking Chair (or 2 x ½ turns L)

- 1 & 2 Point L to L side, change weight & point R to R side
- &3 & 4 Change weight, point L to L side, change weight, touch R toe by L
- 5 - 6 Rock forward on R, recover weight on L
- 7 - 8 Rock back on R, recover weight on L

(Steps 5 – 8 can be changed to 2 pivot ½ turns L)

Ending: Dance up to Count 22 (shuffle forward), then ¼ turn L to face 12.00.

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