I'm a Freak

级数: Intermediate

编舞者: Francien Sittrop (NL) - March 2014

音乐: I'm a Freak (feat. Pitbull) - Enrique Iglesias

Intro: 16 Counts from the Heavy Beat (22 sec)

[1-8] Step Fwd, Kick Ball Cross, Side, Cross Toestrutt , $1\!\!\!/ 4$ R Toestrutt

- 1 Step L fwd
- 2 & 3 Kick R fwd, Step R down, Step L across R
- 4 Step R to R side
- 5 8 Step L across R, Put L Heels down, ¼ R Step R fwd, Put R Heels down (03.00)

[9-16] Step fwd, ¼ Turn R, Crossing Shuffle, Side Behind Side, Cross Side

- 1 2 Step L fwd , ¼ Turn R (06.00)
- 3 & 4 Step L across R, Step R to R side, Step L across R
- 5-6& Step R to R side, Step L behind R, Step R to R side
- 7 8 Step L across R, Step R to R side

[17-24] Sailor step, Sailor step ¼ R, Step fwd, Pivot ½ R, Shuffle fwd

- 1 & 2 Sweep L behind R, Step R next to L, Step L to L side
- 3 & 4 Sweep R behind L with 1/4 Turn R, Step L next to R, Step R fwd (09.00)
- 5 6 Step L fwd, Pivot ½ Turn R (03.00)
- 7 & 8 Step L fwd, Step R next to L, Step L fwd

[25-32] Syncopated Rock steps , Touch Back, $^{1\!\!2}$ Turn R, Step fwd, Pivot $^{1\!\!2}$ R

- 1-2& Rock R fwd, Recover on L, Step R next to L
- 3-4& Rock L fwd, Recover on R , Step L next to R
- 5 6 Touch R back, ½ Turn R (09.00)
- 7 8 Step L fwd, Pivot ½ Turn R and sweep L fwd (03.00)

[33-40] Cross Side, Behind Side Cross, Side Rock Recover, Sailor ¼ L

- 1 2 Step L across R, Step R to R side
- 3 & 4 Step L behind R, Step R to R side, Step L across R
- 5 6 Rock R to R side, Recover on L
- 7 & 8 Step R behind L, ¼ Turn L step L fwd, Step R fwd (12.00)

[41-48] Kick x2, Ball Cross, Side , Kick x2, Ball Cross , $^{1}\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!$ Turn R

- 1-2& Kick L across R, Kick L to L side, Step L next to R
- 3 4 Step R across L, Step L to L side
- 5-6& Kick R across L, Kick R to R side, Step R next to L
- 7 8 Step L across R, ¼ Turn R step R fwd (03.00)

[49-56] Step fwd, Pivot ½ R, Shuffle ½ Turn R, 2 Skates Back, Coaster cross ¼ Turn R

- 1 2 Step L fwd, Pivot ½ Turn R (09.00)
- 3 & 4 1/4 Turn R step L to L side, Step R next to L, 1/4 Turn R step L back (03.00)
- 5 6 Skate R back, Skate L back
- 7 & 8 Sweep R back with ¼ Turn R, Step L next to R, Step R across L (06.00)

[57-64] Big Step fwd, Drag, Shuffle fwd, Step fwd, Pivot ½ R, Step fwd, Pivot ¼ R

- 1 2 Step L Big step Diag L fwd , Drag R to L
- 3 & 4 Step R diag R fwd, Step L next to R, Step R diag fwd





拍数: 64

墙数:4

5 – 6 Step L fwd, Pivot ½ Turn R (12.00)

7 – 8 Step L fwd, Pivot ¼ Turn R (03.00)

Start Again

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