

# Only on Sunday

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Audrey Watson (SCO) - March 2014  
音乐: Sunday - Kurt Darren : (iTunes)



Intro after the 4 drum beats. (4 Seconds)

**S1: Side Rock, Cross Shuffle, Side Rock, Cross Rock.**

- 1-2      Rock right to right side, recover weight on left.
- 3&4      Cross right over left, step left to left side, cross right over left.
- 5-6      Rock left to left side, recover weight on right.
- 7-8      Cross rock left over right, recover weight on right.

**S2: Side Rock, ¼ Sailor Step, Pivot ½ Turn, Shuffle.**

- 1-2      Rock left to left side, recover weight on right.
- 3&4      Turning ¼ left step left behind right, step right to right side, step left to left side.
- 5-6      Step fwd on right, pivot ½ turn left.
- 7&8      Shuffle fwd on right, left, right.

**S3: Full Turn (or Walk Walk), Step & Twist, Fwd Rock, Fwd & Twist.**

- 1-2      Turn ½ right stepping back on left, turn ½ right stepping fwd on right.
- 3&4      Step fwd on left, twist both heels out, in.
- 5-6      Rock fwd on right, recover back on left.
- 7&8      Rock fwd on right, twist both heels out, in.

Restart the dance here during Wall 3

**S4: Fwd Rock, Back Lock Step, ¼ & Bump, ¼ & Bump.**

- 1-2      Rock fwd on left, recover back on right.
- 3&4      Step back on left, cross right over left, step back on left.
- 5&6      Turn ¼ right bumping hips right, left, right.
- 7&8      Turn ¼ right bumping hips left, right, left.

**S5: Back Rock, Kick & Cross, Side Tog, Chasse ¼ Turn.**

- 1-2      Rock back on right, recover fwd on left.
- 3&4      Kick right foot fwd, step down on ball of right, cross left over right.
- 5-6      Step right to right side, close left next right.
- 7&8      Step right to right side, close left next right, turn ¼ right stepping fwd on right.

**S6: Cross Unwind, Coaster Step, Skate Skate, Shuffle.**

- 1-2      Cross left over right, unwind ½ turn right.
- 3&4      Step back on right, step left next right, step fwd on right.
- 5-6      Skate fwd on left, skate fwd on right.
- 7&8      Shuffle fwd on left, right, left.

**S7: Jazz Box Cross, Chasse, Back Rock.**

- 1-2      Cross right over left, step back on left.
- 3-4      Step right to right side, cross left over right.
- 5&6      Step right to right side, close left next right, step right to right side.
- 7-8      Rock back on left, recover fwd on right.

**S8: Side Behind, Chasse ¼ Turn, Rocking Chair.**

- 1-2      Step left to left side, Cross right behind left.
- 3&4      Step left to left side, close right next left, turn ¼ left stepping fwd on left.

5-6	Rock fwd on right, recover back on left.
7-8	Rock back on right, recover fwd on left.

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