Time For Changes



音乐: Time for Changes - Michael Learns to Rock: (Album: That's Why - You Go Away

- iTunes)



Intro: 32 Counts

S1. SIDE, SLIDE, BACK ROCK, RECOVER, VINE 1/4 TURN LEFT, BRUSH

1-2 Step right at big step to the right side, drag left up to right

3-4 Back rock left, recover

5-6 Step left to left side, cross right behind left 7-8 1/4 turn left, step fwd. left, hold (09:00) Restart the dance at this point during wall 9 - Facing 09:00

S2. CROSS, HITCH & ½ TURN, STEP FWD. HOLD, RUN FWD. RIGHT, LEFT, RIGHT, 1/4 TURN LEFT & HITCH

| 1 | -2 | 2 (| Cross | riaht | over l | eft. | hitch | left & | k mal | ke a i | ⅓ turn | ı riaht. | on th | e ball | of ri | aht (| Wei | aht | on ric | ıht) | |
|---|----|-----|-------|-------|--------|------|-------|--------|-------|--------|--------|----------|-------|--------|-------|-------|-----|-----|--------|------|--|
| | | | | | | | | | | | | | | | | | | | | | |

3-4 Step fwd. left, hold

5-6 Run fwd. right, left (03:00)

7-8 Run fwd. right, hitch left and make a 1/4 turn left, on the ball of right (12:00) (Weight on right)

S3. SIDE, TOUCH, 1/4 TURN RIGHT, SIDE, TOUCH, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1-2 Step left to left side, touch right beside left & clap

3-4 1/4 turn right, step right to right side, touch left beside right & clap

5-6 Rock left to left side, recover

7&8 Cross left behind right, step right to right side, cross left over right (03:00)

Restart the dance at this point during wall 11 - Facing 03:00

S4. VINE, STEP FWD. LEFT, ROCKIN' CHAIR

1-2 Step right to right side, cross left behind right

3-4 Step right to right side, step fwd. left

5-6 Rock fwd. right, recover 7-8 Rock back, recover (03:00)

RESTARTS:-

During wall 9, after 8 counts - Facing 09:00 During wall 11, after 24 counts - Facing 03:00

Have Fun!

Contacts:-

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