Embrace

级数: Intermediate



拍数: 32

编舞者: Ryan King (UK) - March 2014

音乐: Nobody's Guy - Charly Luske

墙数:4

Intro: 19 Counts (Start on Vocals)

R Basic, L Basic, R 1/4, L 1/2 Step, L Full Turn

- 1 2 & Big Step Right to Right Side. Cross step left behind right. Cross step right over left.
- 3 4 & Big Step Left to Left Side. Cross step right behind left. Cross step left over right.
- 5 6 & Step Right making 1/4 Right, Step Forward Left Pivot 1/2 Turn Right, Step Forward Right.
- 7 8 & Step Forward Left, Step Forward Right making 1/2 Turn Left, Step Forward Left making 1/2 Turn Left.

Modified mambo forward. Modified mambo back. R 1/4, Behind Side Cross Rock, L 1/8 Step

- 12 & Big Step Right Forward, Rock Forward Left, Recover Weight onto Right.
- 3 4 & Big Step Left Back, Rock Back Right, Recover Weight onto Left.
- 5 6 & Big Step Right making 1/4 Left, Step Left Behind Right, Step Right to Right Side.
- 7 & 8 Rock Left Across Right, Recover Weight onto Right, Step Left making 1/8 Turn Left.

Full Turn, R 1/8 Step Together, R Step Back, L Coaster, Walk R, L 1/2 Step

- &1 2& Step Forward Right making 1/2 Turn Left, Step Forward Left making 1/2 Turn Left, Step Right making 1/8 Left, Step Left next to Right.
- 3 4 & Step Back Right, Step Back Left, Step Right next to Left.
- 5 6 Walk Forward Left, Walk Forward Right.
- 7 & 8 Step Forward Left Pivot 1/2 Turn Right, Step Forward Right, Step Forward Left.

L Full Turn, Sweep, Cross Rock, Side Rock, Behind Side Cross, Step Sway Sway

- &1 2&Step Forward Right making 1/2 Left, Step Forward Left making 1/2 Left Sweeping □Right
Foot Round infront of Left, Rock Forward Right, Recover Weight onto Left.
- 3& 4& Rock Right to Right Side, Recover Weight onto Left, Step Right behind Left Step Left to Left Side.
- 5 6 Cross Right over Left, Step Left to Left Side
- 7 8 Sway Hips Right, Sway Hips Left

Tag here on first wall.

Tag: Sway Right, Sway Left

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