

From Greece With Love

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Dwight Meessen (NL) - March 2014
音乐: Rise Up (Eurovision Version) - Freaky Fortune & Riskykidd



Intro: 37 seconds from the clip.(start when he sings "Come on and rise up")

Section 1: ¼ Side, Touch, Kick, Ball ,Cross, Side Rock, Recover, &, Cross, Side

- 1-2 Step RF ¼ turn to right(9), touch LF next to RF
- 3&4 Kick LF forward, step LF on place(&), cross RF over LF
- 5-6 Rock LF out to left side, recover weight on RF
- &7-8 Step LF next to RF, cross RF over LF(&), step LF to left side

Section 2: R Rock Back, Recover, R Chasse Right, L Rock Back, Recover, L Shuffle Forward

- 1-2 Rock RF back, recover weight on LF
- 3&4 Step RF to right side, step LF next to RF(&), step RF to right side
- 5-6 Rock LF back, recover weight on RF
- 7&8 Step LF forward, step RF next to LF(&), step LF forward

Section 3: R Jazz Box ¼ Turn, Cross, R ¼ Turn back(left),L ¼ Turn Side(left), Cross Shuffle

- 1-4 Cross RF over LF, make ¼ turn right step LF back(12), step RF to right side, cross LF over RF
- 5-6 Step RF ¼ back(left)(9), step LF ¼ to left side(6)
- 7&8 Cross/step RF over LF, step LF to left side(&), cross/step RF over LF

Section 4: L Side Rock, Recover, Behind, Side, Cross, Bump Right, Bump Left, Side, Touch

- 1-2 Rock LF out to left side, recover weight on RF
- 3&4 Step LF behind RF, step RF to right side(&), cross LF over RF
- 5-6 Bump hip RF to right side, Bump hip LF to left side
- 7-8 Step RF to right side , touch LF next to RF

Section 5: L ¼ Turn Forward(left),R ¼ Turn side(left), LF Rock Back, Recover, Pivot ½ Turn(right), Full Turn (right)

- 1-2 Step LF ¼ forward(left)(3), step RF ¼ to right side(12)
- 3-4 Rock LF back, recover weight on RF
- 5-6 Step LF forward, pivot ½ turn(right)(6)
- 7-8 Step ½ forward+ LF step back(right)(12), step RF ½ turn forward +RF step forward(right)(6)

Section 6: L Rock Forward, Recover, Step ,R Pivot 1/4 Turn(left), Cross, Side, Cross

- 1-3 Rock LF forward, recover weight on RF, Step LF forward
- 4-5 Step RF forward, ¼ pivot turn (left)(3)
- 6-7 Cross RF over LF, step LF to left side
- 8 Cross RF over LF

Section 7: L Side Rock, Recover, Behind Side Forward, R Rock Forward, Recover ,R Coaster Step

- 1-2 Rock LF out to left side, recover weight on RF
- 3&4 Step LF behind RF, step RF to right side(&), step LF forward
- 5-6 Rock RF forward, recover weight on LF
- 7&8 Step RF back, step LF next to RF(&), step RF forward

Section 8: Pivot ½ Turn(right), Shuffle ½ Turn(right), R Rock back, Recover, Full Turn(left)

- 1-2 Step LF forward, ½ pivot turn(right)(9)
- 3&4 Shuffle ½ turn right stepping Left, Right, Left(3)

- 5-6 Rock RF back, recover weight on LF
7-8 Step RF $\frac{1}{2}$ turn forward +step back(left)(9), Step LF $\frac{1}{2}$ turn forward +step forward(left) Or
walk 2 steps forward(3)

There is a Restart during wall 4 after count 48. Start the Restart from count 33

There is also a Tag during the Restart wall after 64 counts. (wall 5):

- 1-6 Step RF forward and hold for 6 counts.
7-8 Step LF forward and hold for 2 counts (Tag instruction)

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