

Lost For Words

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Willie Brown (SCO) - March 2014
音乐: Mmm Yeah (feat. Pitbull) - Austin Mahone



Intro; 32 counts – 15 secs approx (begin after Pitbull)□

Sequence; AB AAAB AAAB AABB – change last 2 counts '7&8' to a $\frac{3}{4}$ turn right to finish facing 12 o'clock

PART A – 32 COUNTS

Section A1: Rock, recover, coaster, walk forward x4□ [clock facings for 1st wall]

1,2 Rock forward on Right, recover weight back on Left
3&4 Step back on Right, close Left beside Right, step forward on Right
5,6,7,8 Walk forward Left, Right, Left, Right

Section A2: Rock, recover, coaster, $\frac{1}{4}$ pivot, $\frac{1}{4}$ pivot

1,2 Rock forward on Left, recover weight back on Right
3&4 Step back on Left, close Right beside Left, step forward on Left
5,6 Step forward on Right, turn $\frac{1}{4}$ Left taking weight on Left
7,8 Step forward on Right, turn $\frac{1}{4}$ Left taking weight on Left [6]

Section A3: Cross, side, sailor step, cross, $\frac{1}{4}$ turn, $\frac{1}{4}$ chasse

1,2 Cross Right over Left, step Left to Left side
3&4 Cross Right behind Left, step Left to Left side, step Right to Right side
5,6 Cross Left over Right, turn $\frac{1}{4}$ Left and step back on Right
7&8 Turn $\frac{1}{4}$ Left and step Left to Left side, close Right beside Left, step Left to Left side [12]

Section A4: Samba x2, jazz box with $\frac{1}{4}$ turn

1&2 Cross Right over Left, rock Left to Left side, recover weight on Right
3&4 Cross Left over Right, rock Right to Right side, recover weight on Left
5,6 Cross Right over Left, step back on Left
7,8 Turn $\frac{1}{4}$ Right stepping on to Right, step forward on Left [3]

PART B – 32 COUNTS

Section B1: Sway forward x4, sway back x4

1,2,3,4 Step forward on Right with body facing Left diagonal and sway hips forward, back, forward, back (taking weight on Left)
5,6,7,8 Step back on Right with body facing Right diagonal and sway hips back, forward, back, forward (taking weight on Left)

Section B2: $\frac{1}{2}$ pivot, shuffle forward, walk, walk, shuffle forward

1,2 Step forward on Right, pivot $\frac{1}{2}$ Left taking weight on Left
3&4 Shuffle forward Right, Left, Right
5,6 Step forward Left, Right (harder option; full turn over Right)
7&8 Shuffle forward Left, Right, Left [9]

Section B3: Sway forward x4, sway back x4

1-8 Repeat Part B Section 1

Section B4: $\frac{1}{2}$ pivot, shuffle forward, walk, walk, shuffle forward

1-8 Repeat Part B Section 2 [3]

Contact: williebrownuk@yahoo.co.uk