Hop



拍数: 48 增数: 2 级数: Phrased High Intermediate

编舞者: Arefen Ben Djunaed (INA) - March 2014

音乐: Hop by Aziz



Sequance: A – B – A – A – A – B – A – A – A – B Start Dancing on lyric

### A - 16 counts

## I. Rocking Chair, Sweapping, Behind, Side, Cross, (Hitch, Cross Shuffle) 2x

1&2 Rock R forward – Recover on L – Step R back swipping ronde L to back
 3&4& Step L behind R – Step R to side – Cross L over R – Hitch R diagonally
 5&6& Cross R over L – Step L to side – Cross R over L – Hitch L diagonally

7&8 Cross L over R – Step R to side – Cross L over R

## II. Scissor, Turn Stepping 2x, Step Forward 3x, Step Side – Half Hip Roll Bounces

1&2 Step R to side – Step L next to R – Cross R over L

3&4 Turn ¼ right stepping L back – Turn ¼ right stepping R to side – Step L forward

5-6 Step R forward – Step L forward

7&8 Step L to side rolling hip with bounce from right – front – left (weight on L)

#### B - 32 counts

## I. Step Side, Cross Jump Hitching Figure 4, Step Back, Step Side, Cross Rock Recover, Back Rock Recover, Jump Forward Hitching Figure 4, Step Forward, Rock Recover, Step Back

Step R side – Cross jump L over R, hitching R figure 4
Step R back – Step L to side – Rock R over L – Recover on L
Rock R back – Recover on L – Jump R forward hitching L figure 4
Step L forward – Rock R forward – Recover on L – Step R back

## II. Step Back, Jump Back Kicking, Step Forward, Samba Whisks, Lock Shuffle, Jazz Box Turn

&1-2 Step L back – Jump R back kicking slightly L forward (foot face forward) – Step L forward

3a4 Step R long side – Ball L behind R – Step R in place

Turn ¼ left stepping L forward – Ball R behind L – Step L forward

R behind L – Step L forward

R to side

# III. Cross Jump Hitching Figure 4, Step Back, Step Side, Cross Rock Recover, Back Rock Recover, Jump Forward Hitching Figure 4, Step Forward, Rock Recover, Step Back

1 Cross jump L over R, hitching R figure 4

Step R back – Step L to side – Rock R over L – Recover on L
 Rock R back – Recover on L – Jump R forward hitching L figure 4
 Step L forward – Rock R forward – Recover on L – Step R back

### IV. Step Back, Jump Back Kicking, Step Forward, Samba Whisks, Lock Shuffle, Jazz Box Turn, Touch

&1-2 Step L back – Jump R back kicking slightly L forward (foot face forward) – Step L forward

3a4 Step R long side – Ball L behind R – Step R in place

Turn ¼ left stepping L forward – Ball R behind L – Step L forward

Cross R over L – Turn ¼ right stepping L back – Step R beside L

### No Tag! - No Restart! - No Ending!

Contact: ben.djunaed@gmail.com

Last Update - 5th April 2014

