

Happy (4 beginners)

拍数: 64 墙数: 1 级数: Beginner
编舞者: K. Sholes (USA) - April 2014
音乐: Happy - Pharrell Williams



Step-claps, Jerks (begin 14 beats after vocals)

- 1-4 Step on R, Clap hands above R shoulder, Step on L, Clap hands above L shoulder.
5-8 Step on R, Bend to clap hands at R hip, Step on L, Bend to clap hands at L hip.
- 1-4 Jerk R arm down & L arm up, Pause, Jerk L arm down & R arm up, Pause.
5-8 Jerk R arm down & L arm up, Pause, Jerk L arm down & R arm up, Pause.

Batman fingers across eyes, Touch, Clap X4

- 1-4 Step R to side drawing back of hand across eyes with 1st two fingers open for 2 beats, Touch L next to R, Clap.
5-8 Step L to side doing Batman for 2 beats, Touch R next to L, Clap.
- 1-4 Step R to side doing Batman for 2 beats, Touch L next to R, Clap.
5-8 Step L to side doing Batman for 2 beats, Touch R next to L, Clap.

Heel Taps (or kicks) 3/4 turn

- 1-4 Tap R heel forward, Step on R, Tap L heel forward, Step on L.
5-8 Tap R heel 1/4 to right, Step on R, Tap L heel forward, Step on L. (3:00)
- 1-4 Tap R heel 1/4 to right, Step on R, Tap L heel forward, Step on L. (6:00)
5-8 Tap R heel 1/4 to right, Step on R, Tap L heel forward, Step on L. (9:00)

* On wall 5 step R 1/4 to right & restart (12:00)

Side-step, Touch-snaps (**)

- 1-4 Step R 1/4 to right, Touch L next to R & snap fingers, Step L to side, Touch R next to L & snap fingers.
5-8 Step R to side, Touch L next to R & snap fingers, Step L to side, Touch R next to L & snap fingers.
- 1-8 Repeat above side-step, Touches.

Begin Again! Enjoy!

** for added fun substitute other dances moves for Sidestep, Touches after a couple of rounds...pony, swim, Charelston, twist

Contact: karensholes@hotmail.com