Up The Road

拍数: 32

级数: Improver

编舞者: Jammin' J. Tropiano - September 2013

音乐: Farther Up the Road by Mick Hucknal

Alt. music: Where My Girls At by 702 (start after 32 counts)

Start after 20 counts on the word Road

STEP R FORWARD, STEP L FORWARD, MAMBO FORWARD, STEP L BACK, STEP R BACK, COASTER CROSS

- 1-2 Step R forward, step L forward
- 3&4 Rock R forward, recover on L, step R back
- 5-6 Step L back, step R back
- 7&8 Step L back, step R beside L, step L forward and across R

SIDE ROCK CROSS, SIDE ROCK CROSS, PIVOT 1/2 LEFT, TRIPLE FORWARD R, L, R

- 1&2 Rock to right side on R, recover on L, cross the R forward and across L
- 3&4 Rock to left side on L, recover on R, cross L forward and across R
- 5-6 Step forward on R, turn 1/2 left stepping forward on L 6:00
- 7&8 Step forward on R, step L next to R, step forward on R

SWAY LEFT, SWAY RIGHT, CHASSÉ LEFT, TWIST 1/4 RIGHT, TWIST 1/2 LEFT, CHASE TURN LEFT

- 1-2 Sway left on L, sway right on R
- 3&4 Step L to left, step R beside L, step L to side
- 5-6 On balls of both feet twist toes 1/4 to right, twist 1/2 to left 3:00
- Step R forward, pivot 1/2 left stepping L forward, step R forward 9:00 7&8

STEP L FORWARD, HITCH R, TOUCH R BACK, HITCH R, POINT R, HOLD, STEP R, POINT L SIDE, HITCH L, STEP L FORWARD

- 1-2 Step L forward, hitch R beside L
- 3-4 Point R back, hitch R beside L
- 5-6& Point R to right side, hold, step R next to L
- 7&8 Point L to left side, hitch L beside R, step L forward and slightly across R

Repeat

Special thanks to Carol Huban for her help in writing the step sheet and the ladies of her North Port, FL Morgan Center class for their helpful input.

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Last Update - 24th April 2014





墙数: 4