Sail Forever

拍数: 32

级数: Beginner

编舞者: Wendy2boots (UK) - April 2014

音乐: Island - Eddy Raven

Or Dance With Me by Debelah Morgan

#1: Sways with touch. Grapevine left

- 1 2 3 4 Step right to side as you sway right left right, touch left to right.
- 5 6 7 8 Side step left, cross right behind left, side step left, touch right to left.

#2: Side, behind, shuffle 1/4 right, left jazz box, touch.

- 1 2 3&4 Step right to side, cross left behind right, make 1/4 turn right and shuffle forward R,L,R
- 5 6 7 8 Cross left over right, step back on right, step left to side, touch right to left.

#3: Right to Side, behind, shuffle 1/4, step half turn step 1/4 turn

- 1 2 3&4 Step right to side, cross left behind right, make 1/4 turn right and shuffle forward R,L,R.
- 5 6 7 8 Step forward on left, pivot 1/2 turn over right shoulder, step forward left, turn 1/4 right.

#4: □Cross rock recover, side, cross. Sways with touch.

- 1 2 3 4 Cross rock left over right, recover onto right, step left to side, cross right over left.
- 5 6 7 8 Step left to side as you sway L,R,L, touch right to left.

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墙数:4