The Rumbero (Rumba Dancer)

级数: High Improver

编舞者: Daniel Chen (AUS) - April 2014

音乐: Manana de Carnaval (Luis Miguel)

A line dance choreographed with International ballroom Rumba figures and tempo.

Starting. Ballroom dancers are encouraged to start dancing from Beat 2 of the music bar, according to international rumba standards.

BASIC RUMBA STEPS FORWARD & BACK

- 1-4 Rock forward onto L, recover onto R, step L to side, hold
- 5-8 Rock back onto R, recover onto L, step R to side, hold

TIME STEPS RIGHT & LEFT

拍数: 64

- 1-4 Step L beside R, rotate hips L and R, step L to side, hold
- 5-8 Step R beside L, rotate hips R and L, step R to side, hold

NEW YORK & SPOT TURN

- 1-4 Pivot ¼ to R, step L in front of R [3:00], recover onto R, ¼ pivot to L [12:00] and step L to L, hold
- 5-8 ¼ pivot to L [9:00], step fwd on R [9:00], ½ pivot L [3:00], step R forward, ¼ pivot L [12:00]

AIDA, STEP LOCK STEP ½ PIVOT

1-4 Step L forward, step R forward and ½ pivot [6:00], step L back, hold

5,6&7,8 Step R forward, step L forward, Lock R, step L forward and ½ pivot L [12:00]

At the end of Count 7, shift weight onto R on Count 8.

CUCARACHAS LEFT & RIGHT (FIGURE-8)

- 1-4 Rock L to L, recover onto R, step L to R (no weight), shift weight onto L
- 5-8 Rock R to R, recover onto L, step R to L (no weight), shift weight onto R

MAMBO FWD, MAMBO BACK WITH RUMBA SPIRAL ENDING

- 1-4 Rock L forward, recover onto R, step L back, hold
- 5-8 Rock R back, step L forward, step R forward 1/4 pivot L [9:00] and spiral L ³/₄ [12:00]

RUMBA WALKS FORWARD & BACK

- 1-4 Step forward on L, Step forward on R, Rock L forward, hold
- 5-8 Recover onto R, step back on L, step back on R, hold

CUBAN ROCKS WITH DOUBLE SPOT TURN FINISH

- 1-4 Rotate hips by shifting weight forward, back and forward again (figure-8), turn ¼ & point R forward [9:00]
- 5-8 ¹/₄ pivot [6:00] on L and step forward on R, ¹/₂ pivot [12:00] and replace weight on L, ¹/₄ pivot on L [9:00] and point R to side, hold but shift weight onto R.

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墙数:4