拍数: 40

级数: Improver

编舞者: Britt Christoffersen (DK) - April 2014

音乐: Coward of the County - Kenny Rogers

Intro: 2x8

Diagonally Step Lock, Step Lock Step x 2

- 123&4 Step Diagonally Forward Right, Lock Left Behind Right, Step Diagonally Forward Right, Lock Left Behind Right, Step Diagonally Forward Right.
- 567&8 Step Diagonally Forward Left, Lock Right Behind Left, Step Diagonally Forward Left, Lock Right Behind Left, Step Diagonally Forward Left.

Cross Back Chasse, Rock Step, Left Triple 3/4

- 123&4 Cross Right Over Left, Step Back On Left, Step Right To Right Side, Step Left Next To Right, Step Right To Right Side.
- 567&8 Rock Left Forward, Recover To Right, Triple In Place Turning 3/4 Left Stepping Left, Right, Left.

Walk Walk, Kick Ball Change, Rock Step, Shuffle Back

- 123&4 Step Right Forward, Step Left Forward, Kick Right Forward, Step Down On Right. Step Left Beside Right.
- 567&8 Rock Right Forward, Recover To Left, Step Right Back, Close Left Beside Right, Step Right Back.

Back Rock, Step ¼ Cross, Rhumba box

- 123&4 Rock Left Back, Recover On Right, Step Forward On Left, Pivot 1/4 Turn Right, Cross Left Over Right.
- Step Right Foot To Right Side, Step Left Foot Beside Right Foot, Step Forward On Right 5&67&8 Foot, Step Left Foot To Left Side, Step Right Foot Next To Left Foot, Step Back On Left Foot.

Back Rock, Kickball Cross, Side Rock, Back Rock

- 123&4 Rock Back On Right, Recover On Left, Kick Right Forward. Step Right Beside Left. Cross Left Over Right
- 5678 Rock Right To Right Side, Recover On Left, Rock Right Back, Recover To Left.

Ending: Dance the first 8 count, then cross right over left, unwind 1/2 left

Enjoy and have fun.

Contact britt@webnetmail.dk





墙数:2