

Hard Rock Bottom Of Your Heart

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Marie Sørensen (TUR) - April 2014
音乐: Hard Rock Bottom of Your Heart - Randy Travis : (iTunes)



Intro: 32 Counts

SIDE, HOLD, TOGETHER, HOLD, LOCK STEP BACK, HOLD

1-2 Step right to right side, hold
3-4 Step left next to right, hold
5-6 Step back right, lock left in front of right
7-8 Step back right, hold (12:00)

SIDE, HOLD, TOGETHER, HOLD, LOCK STEP FORWARD

1-2 Step left to left side, hold
3-4 Step right next to left, hold
5-6 Step fwd. left, lock right behind left
7-8 Step fwd. left, hold (12:00)

ROCK, RECOVER, SIDE ROCK, RECOVER, SAILOR 1/4 TURN, HOLD

1-2 Rock fwd. right, recover
3-4 Rock right to right side, recover

Restart the dance at this point during wall 3, and wall 6

5-6 1/4 turn right, cross right behind left, step right next to left, step left next to right
7-8 Step fwd. right, hold (03:00)

ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, HOLD

1-2 Rock fwd. left, recover
3-4 Rock left to left side, recover
5-6 Cross left behind right, step right to right side
7-8 Cross left over right (03:00)

Restart the dance at this point during wall 8

VINE 1/4 TURN RIGHT, HOLD, ROCKIN' CHAIR, HOLD

1-2 Step right to right side, cross left behind right
3-4 1/4 turn right, step fwd. right, hold
5-6 Rock fwd. left, recover
7-8 Rock back left, recover (06:00)

STEP 1/2 TURN, STEP, HOLD, SIDE, TOUCH, SIDE, TOUCH

1-2 Step fwd. left, 1/2 turn right (Weight on right)
3-4 Step fwd. left, hold
5-6 Step right to right side, touch left beside right
7-8 Step left to left side, touch right beside left (12:00)

VINE RIGHT, HEEL, VINE LEFT, TOUCH

1-2 Step right to right side, step left behind right
3-4 Step right to right side, tap left heel diagonal fwd. left
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right beside left (12:00)

MONTEREY 1/4 TURN RIGHT, POINT, TOUCH, POINT, TOUCH

1-2 Point right to right side, 1/4 turn right, step right next to left

3-4 Point left to left side, step left next to right
5-6 Point right to right side, step right next to left
7-8 Point left to left side, step left next to right (03:00)

RESTARTS:-

During wall 3, after 20 counts - Facing 06:00

During wall 6, after 20 counts - Facing 12:00

During wall 8, after 32 counts - Facing 06:00

Have Fun!

Contact - Email: sunshinecowgirl1960@gmail.com
