Hug



拍数: 32

级数: Improver

墙数:4 编舞者: Winson Anderson & Belle Lee (MY) - April 2014

音乐: Hug by DBSK (Korean Song)



Intro: Start With The Vocal After The Heart Beats For Approximately 5 Seconds

Note: There is a Restart on Wall 5 and a Tag on Wall 11.

Restart on Wall 5 - dance up to count 24 and start again.

Tag on Wall 11 – dance up to count 8 and add a 4-count Tag: Step RF to R side and do a Hip Sway (R-L-R-L)

#1:□(SIDE ROCK & RECOVER, CROSS SHUFFLE) X2□

- 1-2 Rock RF to R side, recover weight on LF□12.00
- 3&4 Cross RF over LF, lock LF behind R heel, cross RF over LF□12.00
- 5-6 Rock LF to L side, recover weight on RF□12.00
- Cross LF over RF, lock RF behind L heel, cross LF over RF□12.00 7&8
- *** Tag on Wall 11 ***

#2:□SIDE, BEHIND, ¼ (R) FORWARD SHUFFLE, PIVOT ½ (R), FORWARD SHUFFLE□

- 1-2 Step RF to R side, cross LF behind RF□12.00
- 3&4 Turn ¼ stepping RF forward, lock LF behind R heel, step RF forward 3.00
- 5-6 Step LF forward, turn ½ R 9.00
- 7&8 Step LF forward, lock RF behind L heel, step LF forward □9.00

#3:□STEP TOGETHER, FORWARD SHUFFLE, STEP TOGETHER, COASTER STEP□

- 1-2 Step RF to R side, step LF together with RF□9.00
- 3&4 Step RF forward, lock LF behind R heel, step RF forward □9.00
- 5-6 Step LF to L side, step RF together with LF□9.00
- Step LF back, step RF together with LF, step LF forward□9.00 7&8
- *** Restart on Wall 5 ***

#4:□FORWARD ROCK & RECOVER, ½ (R) FORWARD SHUFFLE, FULL TURN (R), FORWARD SHUFFLE

- 1-2 Rock RF forward, recover weight on LF□9.00
- 3&4 Turn ½ R stepping RF forward, lock LF behind R heel, step RF forward 3.00
- 5-6 Turn ¹/₂ R stepping LF back, turn ¹/₂ R stepping RF forward 3.00
- 7&8 Step LF forward, lock RF behind L heel, step LF forward □3.00

Contacts: -

winson_anderson@yahoo.com bellelsl1969@yahoo.com