Mix It With Rum



编舞者: Gail Smith (USA) - May 2014 音乐: Rum - Brothers Osborne



Intro: Begin on Vocals

WALK, WALK, SYNCOPATED TOE POINTS, WALK, WALK, SYNCOPATED TOE POINTS

1 - 2 Step R fwd, Step L fwd

3 & Extend R leg and tap toes fwd, step R together4 & Extend L leg and tap toes fwd, step L together

5 - 8 & REPEAT steps 1 - 4 &□ (12:00)

*** Syncopated toe points - Think of it as testing the temp before jumping into the water.

The song says, "Dipping your toes in the water".

CROSS-ROCK, REC, SIDE SHUFFLE, CROSS-ROCK, REC, SHUFFLE 1/4 TURN

1 - 2 Rock R across L, recover onto L

3 & 4 Step R to side, step L together, step R to side

5 - 6 Rock L across R, recover onto R 7 & 8 Turn 1/4 L as you shuffle L, R, L (9:00)

***** RESTART here on wall 2. Happens facing the 6:00 wall (this is now wall 3).
***** RESTART here on wall 5. Happens facing the 9:00 wall (this is now wall 6).

PIVOT 1/2, SHUFFLE, PIVOT 1/2, SHUFFLE

1 - 2 Step R fwd, pivot 1/2 turn L (weight to L) (3:00)

3 & 4 Shuffle fwd R, L, R

5 - 6 Step L fwd, pivot 1/2 turn R (weight to R) (9:00)

7 & 8 Shuffle fwd L, R, L

***** RESTART here on wall 9. Happens facing the 9:00 wall. (this is now wall 10).

FWD & SIDE KICKS, COASTER STEP, FWD & SIDE KICKS, COASTER STEP

1 - 2 Kick R fwd, kick R out to side

3 & 4 Step R back, step L together, step R fwd

5 - 6 Kick L fwd, kick L out to side

7 & 8 Step L back, step R together, step L fwd □ (9:00)

BEGIN AGAIN

***** RESTARTS on walls 2, 5 & 9

ENDING: Cross R over L, unwind 3/4 turn L to face front.

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