## Midnight Train



拍抗: 32 増牧: 4 後軟: Higher Improver - smooth Cha Cha 倫爾書: Pedro Machado (UK) & Ben Martin (UK) - April 2014 音乐: Midnight Train to Georgia - Garth Brooks : (Album: Blame it All on My Roots - Box Set)  Section 1: R Side, L Coaster Step, R Step Lock step, L Sweep, L Cross, R Back lock step 1 Large step right to right side 283 Step left slightly back, step right next to left, step forward on left foot 485 Step forward on right, lock left foot behind right, step forward on right 6-7 "Sweep" left foot around from back to front, cross left foot over right 881 Step back on right foot, cross left over right, step back on right foot Section 2: L Side, Point R, ½ Turn R, Quick Rock to L side, Cross rock L, Recover R, L Side Cha Cha. 2-3 Step left to left side, point right to right side (Pull weight over left shoulder) 4 Turn half over right, recover weight onto right foot 6-7 Cross rock left foot to left side, recover weight onto right foot 8241 Step left foot to left side, recover weight not right foot 6-7 Cross rock left foot to left side, bring right next to left, step Full Turn Hook, Forward R Cha Cha 821 Step left foot to left side, bring right next to left, step left foot to left side 825 Section 3: Walk Forward R, Walk Forward L, ¼ Turn R Cha Cha, Step Full Turn Hook, Forward R Cha Cha C-3 Walk forward Right, Walk forward left 835 Step right foot forward ½ turn right, step left in place, step forward right 6-7 Step forward left, on the ball of left foot turn a full turn over right shoulder and hook right foot 6-7 In forward left foot ut left side, recover weight onto right 841 Step right forward, step left together, step forward on right 842 Step right forward, step left together, step forward on right 843 Step right forward, step left together, step forward on right 844 Step right forward, step left together, step forward on right 845 Step right forward, step left together, step forward on right 845 Cross rock left foot out to left side, recover weight onto right 845 Cros				
<ul> <li>         Ff乐: Midnight Train to Georgia - Garth Brooks : (Album: Blame it All on My Roots - Box Set)     </li> <li>         Section 1: R Side, L Coaster Step, R Step Lock step, L Sweep, L Cross, R Back lock step         1 Large step right to right side         23. Step left slightly back, step right next to left, step forward on left foot         45. Step forward on right, lock left foot behind right, step forward on right         8.1 Step back on right foot, cross left over right, step forward on right         8.1 Step back on right foot, cross left over right, step back on right foot         8.2 Step left slide, point R, <b>½ Turn R, Quick Rock to L side, Cross rock L, Recover R, L Side Cha Cha.</b>         2.3 Step left to left side, point right to right side (Pull weight over left shoulder)         4 Turn half over right shoulder bringing right foot next to left taking weight on right         5. Rock left foot to left side, recover weight onto right foot         8.1 Step left to left side, print, recover weight onto right foot         8.1 Step left to to left side, bring right next to left, step Full Turn Hook, Forward R Cha Cha         2-3 Walk Forward L, <b>¼ Turn R Cha Cha, Step Full Turn Hook, Forward R Cha Cha</b>         2-3 Walk forward Right, Walk forward left         4.5 Step right foot forward ¼ turn right, step left in place, step forward right         6-7 Step forward left, on the ball of left foot turn a full turn over right shoulder and hook right foot         m front of left shin (weight remains on left with right slightly off floor)         8.1 Step right foot out to left side, recover weight onto right         4.5 Step right forward, step left together, step forward on right         4.5 Step right foot out to left side, recover weight onto right         4.5 Step right forward, step left together, step forward on right         4.5 Step right foot out to left side, recover weight noto right         4.5 Step right foot to left side, recover weight back onto right         4.5 Rock left</li></ul>				
Box Set)         Section 1: R Side, L Coaster Step, R Step Lock step, L Sweep, L Cross, R Back lock step         1       Large step right to right side         2&3       Step left slightly back, step right next to left, step forward on left foot         4&5       Step forward on right, lock left foot behind right, step forward on right         6-7       "Sweep" left foot around from back to front, cross left foot over right         8&1       Step back on right foot, cross left over right, step back on right foot         Section 2: L Side, Point R, ½ Turn R, Quick Rock to L side, Cross rock L, Recover R, L Side Cha Cha.         2-3       Step left to left side, point right to right side (Pull weight over left shoulder)         4       Turn half over right, recover weight onto right foot         85       Rock left foot to left side, recover weight onto right foot         841       Step left foot to ver right, recover weight onto right foot         85       Rock left foot to ver right, recover weight onto right foot         86.1       Step left foot to left side, bring right next to left, step Full Turn Hook, Forward R Cha Cha         82.3       Walk forward R, Walk Forward L, ¼ Turn R Cha Cha, Step Full Turn Hook, Forward R Cha Cha         83       Step right foot forward ½ turn right, step left in place, step forward right         84.5       Step right foot forward ½ turn right, step left in place, step forward right <td< th=""><th>编舞者</th><th>Pedro Machado (UK) &amp; Ben Martin</th><th>(UK) - April 2014</th><th>18 M H</th></td<>	编舞者	Pedro Machado (UK) & Ben Martin	(UK) - April 2014	18 M H
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<ul> <li>6-7 Step forward left, on the ball of left foot turn a full turn over right shoulder and hook right foot in front of left shin (weight remains on left with right slightly off floor)</li> <li>8&amp;1 Step right forward, step left together, step forward on right</li> <li>Section 4: L Side Rock, Recover R, L Cross Rock and Side Rock, L Behind and Cross, Unwind ½ Turn, Hitch 2-3 Rock left foot out to left side, recover weight onto right</li> <li>2-3 Cross rock left over right, recover weight back onto right, rock left foot to left side, recover weight back onto right (Syncopated Rocks)</li> <li>6&amp;7 Cross left behind right, step right to right side, cross left over in front of right</li> <li>8&amp; Unwind ½ turn over right shoulder, lift right knee into a small hitch (ready to start the dance again)</li> </ul>		÷		
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<ul> <li>4&amp;5&amp; Cross rock left over right, recover weight back onto right, rock left foot to left side, recover weight back onto right (Syncopated Rocks)</li> <li>6&amp;7 Cross left behind right, step right to right side, cross left over in front of right</li> <li>8&amp; Unwind ½ turn over right shoulder, lift right knee into a small hitch (ready to start the dance again)</li> </ul>				rum, riton
<ul> <li>weight back onto right (Syncopated Rocks)</li> <li>Cross left behind right, step right to right side, cross left over in front of right</li> <li>Unwind ½ turn over right shoulder, lift right knee into a small hitch (ready to start the dance again)</li> </ul>		-	<b>C</b>	recover
<ul> <li>6&amp;7 Cross left behind right, step right to right side, cross left over in front of right</li> <li>8&amp; Unwind ½ turn over right shoulder, lift right knee into a small hitch (ready to start the dance again)</li> </ul>		-	• •	
8& Unwind ½ turn over right shoulder, lift right knee into a small hitch (ready to start the dance again)	6&7	Cross left behind right, step right to	right side, cross left over in front of right	
Enjoy the dance and Smile : )	8&	Unwind 1/2 turn over right shoulder, I		ne dance
	Enjoy the dance	e and Smile : )		

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