Hell On The Heart

拍数: 32

级数: Beginner

编舞者: Guy Dubé (CAN) - May 2014

音乐: Hell on the Heart - Eric Church

墙数:4

Intro: 16 counts.

Step description submitted by Ateliers MG Dance

[1-8]□WEAVE to R, CHASSÉ to R, ROCK BACK

- 1-2 Step R to side, cross step L behind R
- 3-4 Step R to side, cross step L over R
- 5&6 Chassé to right R,L,R
- 7-8 Rock back L, recover on R

[9-16]□STEP FWD, PIVOT 1/2 TURN R, ROCK STEP, RECOVER, SHUFFLE LOCK BACK, ROCK BACK, RECOVER

- 1-2 Step L forward, pivot 1/2 turn right
- 3-4 Rock step L forward, recover on R
- 5&6 Step L back, cross step R over L, step L back
- 7-8 Rock back R, recover on L

[17-24] 2X (STEP SIDE, TOUCH TOGETHER) HALF JAZZ BOX, TRIPLE STEP in 1/4 TURN R

- 1-2 Step R to side, touch L together R
- 3-4 Step L to side, touch R together L
- 5-6 Cross step R over L, step L back
- 7&8 Triple step R,L,R in 1/4 turn right (traveling lightly to right)

[25-32] 2X (CROSS, TOUCH SIDE), SAILOR SHUFFLE in 1/4 TURN L, STEP FWD, PIVOT 1/4 TURN L

- 1-2 Cross step L over R, touch R to side
- 3-4 Cross step R behind L, touch L to side
- 5&6 Cross step L behind R, step R on place in 1/4 turn left, step L on place
- 7-8 Step R forward, pivot 1/4 turn left (ending weight on L)

TAG : At the 4th rotation of the dance (facing to 9:00) do this tag :

- [1-8] WEAVE to R, TOUCH TOGETHER, WEAVE to L in 1/4 TURN L, TOUCH TOGETHER
- 1-2 Step R to side, cross step L behind R
- 3-4 Step R to side, touch L together R
- 5-6 Step L to side, cross step R behind L
- 7-8 1/4 turn left and step L forward, touch R together L.
- And Restart the dance from the beginning face to 6:00.

REPEAT...

Contact: guydube@cowboys-quebec.com

