

It's On Again

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - May 2014
音乐: It's On Again (feat. Kendrick Lamar) - Alicia Keys : (Album: The Amazing Spider Man 2 Original Motion Picture Deluxe - iTunes)



Starts Approx 36 seconds after all the rapping on Alicia voice .

Step, Cross, Back, Chasse Right, Cross Rock, Recover, Chasse 1/4 Left .

- 1-3 Step forward on Left, cross step Right over Left, step back on Left.
- 4&5 Step Right to Right side, step Left next to Right, step Right to Right side..
- 6-7 Cross rock Left over Right, recover on Right
- 8&1 Step Left to Left side, step Right next to Left, make 1/4 turn to Left stepping forward on Left.

Step 1/2 Together, Right Lock Step, Step, Together, Back, Back, 1/4 Rock.

- 2-3 Step forward on Right, make 1/2 turn to Right stepping Left next to Right.
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right.
- 6-7 Step forward on Left, step Right next to Left.
- 8&1 Step back on Left, step back on Right, 1/4 turn to Left rocking Left to Left side

Sway, Sway, Behind Side Cross, Sweep Cross 1/4, Back, Back, Back.

- 2-3 Step Right to Right swaying hips to Right, Left to Left side swaying hips to Left.
- 4&5 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 6-7 Sweep Left foot out and around Right, cross step Left over Right.
- 8&1 `Make 1/4 turn to Left stepping back on Right, step back on Left, step back on Right.

Back Rock, Recover, Shuffle Forward, Step, Hold, Step Pivot 1/2 Step.

- 2-3 Rock back on Left, recover on Right.
- 4&5 Step forward on Left, step right next to Left, step forward on Left.
- 6-7 Step forward on Right, Hold.
- 8&1 Step forward on Left, 1/2 pivot Right, step forward on Left. *R*

Step, Spiral, Lock Step Forward, Rock Recover, Lock Step Back.

- 2-3 Step forward on Right, spiral a full turn to Left
- 4&5 Step forward on Left, lock step Right behind Left, step forward on Left.
- 6-7 Rock forward on Right, recover back on Left.
- 8&1 Step back on Right, lock Left over Right, step back on Right.

1/2 , Side, Back Rock 1/4 , Walk, Walk, Mambo Step.

- 2-3 Make 1/2 turn to Left, stepping forward on Left, step Right to Right side.
- 4&5 Cross rock Left behind Right, recover on Right, 1/4 turn to Right stepping back on Left.
- 6-7 Make 1/2 turn to Right stepping forward on Right, step forward on Left.
- 8&1 Rock forward on Right, recover back on Left, step back on Right.

Back Rock, Recover, Kick & Point, 1/4 Drag Together, Coaster Step.

- 2-3 Rock back on Left, recover on Right.
- 4&5 Kick Left forward, step Left next to Right, point Right to Right side.
- 6-7 Drag Right to Left as you turn 1/4 turn to Right, step Right next to Left.
- 8&1 Step back on Left, step Right next to Left, step forward on Left.

Step, 1/2 Pivot, Step, Shuffle Forward, Rock Recover, 3/4 Sailor.

- 2-3 Step forward on Right, 1/2 pivot turn Left.
- 4&5 Step forward on Right, step Left next to Right, step forward on Right.

6-7 Rock forward on Left, recover on Right.
8&1 Make 1/4 turn to Left cross stepping Left behind Right, 1/4 turn Left stepping Right next to Left, 1/4 turn Left stepping forward on Left.

Restart on Wall 5.

Dance up to and including 8& Section 4 then to Restart the dance at 6.00 o'clock wall make a 1/4 turn to Right

Stepping forward on Left to start your dance again.
