

# Only Love Can Hurt Like This

**COPPER** KNOB  
STEPPERS

拍数: 48      墙数: 4      级数: Easy Intermediate  
编舞者: Helen Richards (UK) - May 2014  
音乐: Only Love Can Hurt Like This - Paloma Faith : (iTunes)



(24 count intro – first step is taken before lyrics starts, lyrics start on second step)

## Section 1: Forward Rock, Back Shuffle with ½ Turn, Back Shuffle with ½ Turn, Rock Back□

1-2              Right Rock forward. Recover onto Left.  
3&4              Shuffle step backwards with ½ turn, starting on the right.  
5&6              Shuffle step backwards with ½ turn, starting on the left.

### Option□ Counts 3&4, 5&6 Shuffle back (without turns) x2□□

7-8              Right Rock Back, Recover onto Left.

## Section 2:□ Full Turn, Rock, Cross Shuffle, Sway, Sway□

1&2              Full Turn (Stepping Right, Left, Right)  
Option□ Counts 1&2 Right Step. Left Step, Right Step □□  
3-4              Left Rock Back. Recover onto Right  
5-6              (To the left diagonal) Cross Left over Right. Step Right to the side. Cross Left over Right  
7-8              Step Right to side Sway Right. Sway Left.

## Section 3: Side Rock, Cross Shuffle, Side Rock, Cross Behind, Step ¼ Turn, Step□

1-2              Right Side Rock. Recover onto Left.  
3&4              Right Cross shuffle.  
5-6              Left Side Rock. Recover onto Right.  
7&8              Left Cross behind right. ¼ turn stepping onto right. Left Step.

### Restart□ Wall 2: Restart dance from beginning□□

## Section 4: Rock, Shuffle, Full Turn, Shuffle□

1-2              Right Rock Forward. Recover on left. (keeping left foot behind)  
3&4              Right Shuffle Forward.  
5-6              Full Turn (travelling forward over two steps, Left, Right).  
Option□ Counts 5-6 Walk forward Step Left, Step Right. □□  
7&8              Left Shuffle Forward.

### Restart□ Wall 5: Hold for music to restart - Restart dance from beginning (on lyric "This")□

## Section 5: Rock & Rock, Point behind ½ Turn, Shuffle.□

1-2              Right Rock Forward. Recover onto Left.  
&              Use the "&" beat to swap weight from Left to Right.  
3-4              Left Rock Forward. Recover onto Right.  
5-6              Point Left leg behind. ½ Turn stepping onto the Left.  
7&8              Right Forward shuffle.

## Section 6:□ Cross, Step, Step, Cross, Step, Step, Step ½ Turn, Side Step, Step, Cross□

1&2              Cross Left over Right, Right Step behind, Left Step (bringing both feet back together)  
3&4              Cross Right over Left, Left Step behind, Right Step (bringing both feet back together)  
5-6              Step Left, ½ Turn (stepping onto Right)  
7&8              Left Side Step. Right Step, Cross Left Step (cross Left over Right)

Restart: Two Restarts – Wall 2 and Wall 5

Ending: Wall 8: Dance to count 26 (Right Rock Forward. Recover on Left)  
Right Point Cross back – right over left. End of Dance. □

Contact: [helenr48@gmail.com](mailto:helenr48@gmail.com)

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