# P.O.B. This Afternoon



拍数: 48 墙数: 4 级数: Intermediate

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音乐: This Afternoon - Nickelback



# Start dance after you hear him say OOOOOH, that's 16 counts in from soft beat

# [1-8] Side rock and cross, 3/4 turn into rock/recover, back sweep, cross and cross

1&2 rock right to right, recover on left, cross right over left

3& make a 1/4 turn to right as you step back on left, make a 1/2 turn right stepping forward on

riaht

4& rock forward on left, recover on right

step back on left as you sweep right around to right, step right behind left step left to left, cross right over left, step left to left, cross right over left

## [9-16] Rock and cross, 3/4 turn, walk X2, triple step

1&2 rock left to left, recover on right, cross left over right

3&4 make a 1/4 turn to left as you step back on right, make a 1/2 turn to left as you step forward

on left, step forward on right

5-6 walk forward left, right7&8 triple forward left, right, left

#### [17-24] Full chase turn, back X3, coaster cross, side triple

1&2 step forward on right, make a 1/2 turn to left stepping forward on left, make a 1/2 turn to left

stepping back on right

3&4 walk back left right left, (this is not a shuffle)

step back on right, step together with left, cross right over left step left to left side, step together with right, step left to left side

#### [24-32] Touch steps X3, 1/4 turn triple back, 1/2 turn, walk, triple step

&1&2 touch right next to left, step right to right, touch left to right, step left to left

&3&4 touch right next to left, make a 1/4 turn to left stepping back on right, bring left to right, step

back on left

5-6 make a 1/2 turn over left stepping forward on left, step forward on right

7&8 shuffle forward left, right, left

#### Tag:-

On the 2nd wall after this section walk forward for 2 counts and then pick up the last 8 counts of the dance On the 4th wall after this section walk around in a circle over right for 6 counts then pick up the last 8 counts of the dance

# [33-40] Cross back side, cross back forward, rocking chair, 1/2, 1/2, back X3

1&2	cross right over left, step back on left, step together with left
&3&	cross right over left, step back on right, step forward on left
4&5	rock forward on right, recover on left, rock back on right

&6 recover on left, step forward on right

7&8 make a 1/2 turn to left stepping forward on left, make a 1/2 turn to left stepping back on right,

step back left

### [41-48] Shuffle back, coaster, 1/2 turn walk around

1&2	shuffle back right, left, right
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3&4	step back on left, step together with right, step forward on right
5678	make a 1/2 turn to right as you walk around right, left, right, left

# Repeat..

On the 5th wall do the last 8 counts one more time then Restart the dance.

After the 6th wall of the dance walk around in a circle over you right for 6 counts and then Restart the dance for the last wall