拍数： 64 堷数： 2 级数：Intermediate<br>编舞者：Amy Glass（USA）\＆Michele Burton（USA）－June 2014<br>音乐：Mama Mia（Radio Edit）－Mayra Veronica



Intro： 32 cts．
［1－8］$\square C R O S S$ BALL CHANGE（botafogo）～CROSS BALL CHANGE（botafogo）～CROSS $1 / 41 / 4$ CROSS
1 \＆ 2 Step R over L；Step ball of $L$ to left；Return weight to right（body angled to right diagonal）
3 \＆ $4 \quad$ Step L over R；Step ball of $R$ to right；Return weight to left（body angled to left diagonal）
5－8 Cross R over L；Turn $1 / 4$ right，step left back；Turn $1 / 4$ right，step $R$ to right；Cross L over
Rロロロ6：00
［9－16］$\square$ SIDE MAMBO～LOCK STEP BACK～ROCK RETURN～FULL TURN FORWARD
1 \＆ 2 Step R to right；Return wt．to L；Step R beside L
3 \＆ $4 \quad$ Step $L$ back；Lock $R$ in front of $L$ ；Step $L$ back
5－6 Rock back on R；Return weight to L
7－8 Turn $1 / 2$ left，stepping back on R；Turn $1 / 2$ left，stepping forward on $L \square \sim$ Option：Walk forward R，L $\square \square 6: 00$
［17－24］$\square$ SYNCOPATED HEEL GRIND $x 2 \sim 1 / 4$ TURNING JAZZ BOX
1,2 \＆$\quad$ Grind $R$ heel slightly in front of $L$ foot while weighting $R$ ，shift weight to $L$ ，step $R$ near $L$
$3,4 \& \quad$ Grind $L$ heel slightly in front of $R$ foot while weighting $L$ ，shift weight to $R$ ，step $L$ near $R$
5－8 Cross R over L；Step L back；Turn ¼ R，step side R；Step L forward $\square \square \square \square \square \square 9: 00$
［25－32］$\square$ TOE STEP～ $1 / 2$ TURN TOE STEP $\sim 1 / 4$ TURN HIP ROLLS（2X）
1－2 Touch R toe forward，leaning back on L；Step down onto $R$ foot

5－6 Step R ball forward，turning $1 / 4$ left；Return weight to $L$
7－8 Step R ball forward；turning $1 / 4$ left；Return weight to $L$
Styling：execute counts 5－8 with counterclockwise hip rolls पロロロロロ9：00
Restart：Wall 3：Dance 28 counts．For the 2 hip rolls，slightly under－rotate to end at the 12：00 wall．Restart on 12：00 after hip rolls．
［33－40］DFORWARD MAMBO～BACK MAMBO～STEP LOCK～STEP LOCK STEP $\square$
1 \＆ 2 Step R ball forward；Return weight to L；Step R beside L
3 \＆ $4 \quad$ Step L ball back；Return weight to R；Step L beside $R$
5－6 Step $R$ forward；Step ball of $L$ behind $R$

［41－48］$\square$ ROCK RETURN $\sim 1 / 2$ TURN TRIPLE $\sim$ WALK WALK $\sim$ CHASE $1 / 4$ TURN
1－2 Rock $L$ forward；Return weight to $R$
3 \＆ $4 \quad$ Turn $1 / 4$ left，stepping $L$ to left；Step $R$ beside $L$ ；Turn $1 / 4$ left，stepping $L$ forward $\square \square \square \square 3: 00$
5－6 Step R forward；Step L forward（Option：full turn left stepping back R，forward L）
7 \＆ 8 Step R forward；Turn $1 / 4$ left，transferring weight to L ；Cross R over L $\square \square \square \square \square 12: 00$
［49－56］DSIDE TOGETHER～SIDE TOGETHER SIDE～CROSS POINT CROSS POINT
1－2 Step L to left；Step R beside L
3 \＆ $4 \quad$ Step L to left；Step R beside L；Step L to left

［57－64］$\square$ ROCK RETURN～COASTER STEP～ $1 / 2$ TURNING ARC
1－2 Rock R forward；Return weight to $L$
3 \＆ $4 \quad$ Step R back；Step L beside R；Step R forward
5\＆6 Step L forward；Step ball of $R$ to right；Turn body slightly left，crossing $L$ in front of $R$
\& $7 \quad$ Step ball of $R$ side right; Turn body slightly left, crossing $L$ in front of $R$

**In counts $5-8$, make a $1 / 2$ arc, turning left
Begin Again
Contacts: amyleeanne@gmail.com - mburtonmb@sbcglobal.net

