Exactly Like You Foxtrot



拍数: 32 编数: 2 级数: Beginner Foxtrot

编舞者: Karen Tripp (CAN) - June 2014

音乐: Exactly Like You - Tony Bennett & k.d. lang: (Album: A Wonderful World)



Alt. Music: November Rain by Dancetime with Linda and Roland (iTunes & Amazon)

Wait: 16 beats (start on lyrics), right lead

FOXTROT PROGRESSIVE BOX (SQQ)

1-4 Step forward right, hold, step side on left, close right to left5-8 Step forward left, hold, step side on right, close left to right

BACK, KICK, BACK 2 (QQQQ), BACK COASTER (QQS)

9-12 Step back on right, kick left out in front, step back left, step back right

13-16 Step back on left, close right to left, step forward on left, hold

RIGHT SCISSORS (QQS), STEP, PIVOT 1/2, STEP (QQS)

Step right, close left to right, cross right slightly forward of left, hold
Step forward left, turn ½ right and step on right, step forward left, hold

FOXTROT VINE (SQQ), CROSS ROCK, RECOVER, SIDE (SQQ)

25-28 Step side right, hold, cross left behind right, step side on right

29-32 Cross left over right (29), hold (30), recover to right (31), step side left (32)

Styling tip: For count 30, after the Cross Left over Right, rather than simply holding, tap the right toe behind left foot.

Notes re ending: Both dances (Exactly Like You and November Rain) end facing 12:00 after Right Scissors (count 20).

For the Scissors step, you will want to do a distinct cross in front (as opposed to stepping more forward), and either hold to the end of the music, do a full turn left-face unwind to face the front wall.

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