Hoot and Howl

拍数: 32

级数: Absolute Beginner

编舞者: Rene & Reg Mileham (UK) - June 2014

音乐: I'm Gonna Knock On Your Door - The Nashville Allstars : (Album: The Most Rockin' Country Rock Collection... Ever!)

16 count Intro [130 bpm] No Tags, No Restarts.

Section 1: 2 Stomps, 2 Kicks, slow coaster, hold and clap.

- 1 2 Stomp Right foot twice
- 3 4 Kick Right forward twice (small Kicks)
- 5-6 Step Right back, step Left next to Right
- 7 8 Step Right forward, hold and clap

Section 2: 2 Stomps, 2 Kicks, slow coaster, hold and clap.

- 1 2 Stomp Left foot twice
- 3 4 Kick Left forward twice (small Kicks)
- 5 6 Step Left back, step Right next to Left
- 7 8 Step Left forward, hold and clap

Section 3: 1/4 turn, touch (with clap.) Side, touch (with clap.) Repeat sequence (claps optional)

- 1 2 Step Right to side turning ¼ R, touch Left next to Right (with clap)
- 3 4 Step Left to side, touch Right next to Left (with clap)
- 5 6 Step Right to side turning ¼ R, touch Left next to Right (with clap)
- 7 8 Step Left to side, touch Right next to Left (with clap)

Section 4: Out, out, in, in. Hip & hip (forward), hip & hip (back)

- 1 2 Step Right out to right diagonal, step Left out to left diagonal
- 3 4 Step Right back in place, step Left back in place
- 5 & 6 Hip forward, back, forward
- 7 & 8 Hip back, forward, back

Start dance again

See - 'simples'

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墙数: 2