Grab Your Cha



拍数: 32 编数: 4 级数: Beginner / Improver

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音乐: Cha Cha - Chelo



Start with lyrics at 32 counts.

R Step-Together-R Step-Together-Side-Touch-Side-Touch-Side-Together-Cross

1-2	Step right to right. Step left beside right. (12:00)
3-4	Step right to right. Step left beside right. (12:00)
5&	Step right to right. Touch left beside right. (12:00)
6&	Step left to left. Touch right beside left. (12:00)

7&8 Step right to right. Step left beside right. Step right across left. (12:00)

L Step-Together-L Step-Together-Side-Touch-Side-Touch-Side-Together-Cross

1-2	Step left to left. Step right beside left. (12:00)
3-4	Step left to left. Step right beside left. (12:00)
5&	Step left to left. Touch right beside left. (12:00)
6&	Step right to right. Touch left beside right. (12:00)

7&8 Step left to left. Step right beside left. Step left across right. (12:00)

R Shuffle Step-L Rock-L Shuffle-R Rock

1&2	Step right to right. Step left beside right. Step right to right. (12:00)
3-4	Rock forward onto left. Recover back onto right. (12:00)
5&6	Step left to left. Step right beside right. Step left to left. (12:00)
7-8	Rock forward onto right. Recover back onto left. (12:00)

1/4 Shuffle Step-R Forward Mambo-L Back Mambo-R Side Mambo

1&2	Step right to right. Step left beside right. Step right to right ¼ turn. (3:00)
3&4	Rock forward on left. Recover back on right. Step left beside right. (3:00)
5&6	Rock back on right. Recover on left. Step right beside left. (3:00)
7&8	Rock to left side on left. Recover onto right. Step left beside right. (3:00)

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