

Diggity Swing

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Craig Bennett (UK) - July 2014
音乐: No Diggity (Minimatic Remix) - Minimatic : (Album: Electro Swing R&B)



[1-8] Step touch, Behind side cross and cross, Point, Behind 1/4 turn step

- 1-2 Step forward onto right, Touch left toe in front of right
- 3&4 Step left behind right, Step right to right side, Cross right over left
- &5,6 Step right to right side, Cross left over right, Point right to right side!
- 7&8 Step right behind left, 1/4 turn left stepping forward onto left, Step forward onto right (9:00)

[9-16] Mambo forward, Run back Right, Left, Right, Rock back recover, Full turn forward

- 1&2 Rock forward onto left, Recover back onto right, Step back onto left
- 3&4 Step back right, Step back left, Step back right
- 5,6 Rock back onto left, Recover forward onto right
- 7,8 Make 1/2 turn right stepping back onto left, Make a 1/2 turn right stepping forward onto right

[17-24] Left shuffle forward, 1/4 turn right shuffle forward, Rock back, Forward, Back, Step

- 1&2 Step left foot forward, Step right next to left, Step forward onto left
- 3&4 1/4 turn right stepping forward onto right, Step left next to right, Step forward onto right (12:00)
- 5,6 Rock back onto left, Rock forward onto right
- 7,8 Rock back onto left, Step forward onto right

[25-32] Rock recover, Behind side cross, Side shuffle, Point behind, Hold

- 1-2 Rock forward onto left, Recover back onto right
- 3&4 Step left behind right, Step right to right side, Cross left over right
- 5&6 Step right to right side, Step left next right, Step right to right side
- 7,8 Point left behind right, Hold

[33-40] Bounce around completing 1/2 turn, Cross samba right, Cross samba left

- 1-2 Take weight onto toes, Drop down on to heels making an 1/8 turn left, Take weight onto toes, Drop down on to heels making an 1/8 turn left
- 3-4 Take weight onto toes, Drop down on to heels making an 1/8 turn left, Take weight onto toes, Drop down on to heels making an 1/8 turn left (6:00)
- 5&6 Cross right over left, Step left to left side, Step right next to left
- 7&8 Cross left over right, Step right to right side, Step left next to right

[41-48] Cross back, Rock recover, Roll full turn, Side shuffle

- 1-2 Cross right over left, Step back onto left
- 3-4 Rock right to right side, Recover to left side
- 5-6 Make 1/4 turn right stepping forward onto right, 1/2 turn right stepping back onto left
- 7&8 1/4 turn right stepping right to right side, Step left next to right, Step right to right side (6:00)

[49-56] Cross back, Rock recover, Roll full turn, Side shuffle

- 1-2 Cross left over right, Step back onto right
- 3-4 Rock left to left side, Recover to right side
- 5-6 Make 1/4 turn left stepping forward onto left, 1/2 turn left stepping back onto right
- 7&8 1/4 turn left stepping left to left side, Step right next to left, Step left to left side (6:00)

[57-64] Cross hold, Side behind side, Cross rock, 1/4 turn shuffle, Step together

- 1-2 Cross right over left, Hold
- &3-4 Step left to left side, Cross right behind left, Step left to left side

5-6 Cross rock right over left, Recover back onto left
7&8& 1/4 turn right stepping forward onto right, Step left next to right, Step forward onto right, Step left next to right (9:00)

Restart: Wall 4 after count 48, Step weight onto left, begin again.
