

Next?

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ben Heggy (USA) - June 2014
音乐: After You, Who? - Jody Watley : (Album: Red, Hot + Blue - iTunes only)



Start: On lyrics, after 16 counts, approx 9 sec.

S1 (1-8) Step; Whisk; Step; Brush; Diagonal Step; Scuff; Squaring Step; Scuff; □

- 1-2 (1)Step right forward toward left diagonal; (2)Lock left behind right;
3-4 (3)Step right forward, squaring up to 12:00; (4)Brush left forward;
5-6 (5)Turning 1/8 right, step left forward; [1:30] (6)Brush right forward;
7-8 (7)Turning 1/8 right, step right forward; [3:00] (8)Sweep left forward;

Styling: Counts 1-7 should create a smooth arc, starting facing left diagonal and ending at 3:00

S2 (9-16) Turning Jazz Box w/sweep; Cross; 1 ¼ Spiral; Quarter; Quarter;

- 1-2 (1)Cross left over right; (2)Step right back;
3-4 (3)Turning ¼ left, step left to the side; [12:00] (4)Sweep right forward (preferably about a foot off floor);
5-6 (5)Cross right over left; (6)Spiral 1 ¼ left, weight to right; [9:00]
7-8 (7)Turn ¼ left and step left forward; [6:00] (8)Turn ¼ left and step right back; [3:00]

Easier option for counts 5-8:

- 5-6 (5)Cross right over left; (6)Spiral ½ left, weight to right; [6:00]
7-8 (7)Cross left over right; (8)Turn ¼ left and step right to the side [3:00]

S3 (17-24) Behind; Side; Cross; Kick; Behind; Side; Cross; Kick;

- 1-2 (1)Small sweep and cross left behind right; (2)Step right to the side;
3 (3)Cross left over right, allowing body to turn to diagonal;
4 (4)Kick right to right diagonal, raising up on ball of left with momentum from kick;
5-6 (5)Step right behind left; (6)Step left to the side;
7 (7)Cross right over left, allowing body to turn to diagonal;
8 (8)Kick left to left diagonal, raising up on ball of right with momentum from kick;

S4 (25-32) Behind, Quarter; Cross; ¾ Spiral; Lunge; Recover; Half; Half;

- 1-2 (1)Step left behind right; (2)Turn ¼ right and step right forward; [6:00]
3-4 (3)Cross left over right; (4) Spiral ¾ turn right, weight to left; [3:00];
5-6 (5)Lunge right to the side; (6)Recover weight to left (prep for full turn);
7-8 (7)Turn ½ turn left and step right back; (8)Turn ½ turn left and step left forward;

Repeat

Ending: On wall 10, you will dance 26 counts, change the ¾ spiral to a ½ spiral to bring you back to facing front, touch your right heel forward, tip your hat and take a bow.

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