

Short Time

拍数: 68 墙数: 2 级数: Intermediate
编舞者: Adriano Castagnoli (IT) - July 2014
音乐: Chicken Pickin (The Yee-Haw Song) - Cory Hargreaves



Sequence: A A A2 R A A2 R A A2 A2 Final

JUMP (OUT, IN), ROCK BACK RIGHT, STOMP UP, STOMP, HEELS FAN

- 1-2 Jump Outside On Both Feet, Jump To Place On Both Feet (Weight On Left Foot)
- 3-4 Jumping Rock Back On Right And Kick Left Forward, Return On Left
- 5-6 Stomp Up Right Beside Left, Stomp Right Forward
- 7-8 Swivel Both Heels To Outside, Return Heels To Centre

ROCKING CHAIR FORWARD LEFT, PIVOT 1/2 RIGHT (TWICE)

- 1-2 Rock Forward On Left, Return On Right
- 3-4 Rock Back On Left, Return On Right
- 5-6 Step Left Forward, Pivot 1/2 Turn Right

***7-8 Repeat 5-6**

TOES STRUT BACK (RIGHT, LEFT), KICK, HOOK, KICK, FLICK UP BACK

- 1-2 Step Back On Right Toe, Drop Right Heel Taking Weight
- 3-4 Step Back On Left Toe, Drop Left Heel Taking Weight
- 5-6 Kick Right Forward, Hook Right Over Left
- 7-8 Kick Right Forward, Flick Up Back Right

TURN 1/4 LEFT, SCUFF, TURN 1/4 LEFT WITH 2 SCOOT, STEP, SCUFF, STEP, STOMP

- 1-2 Turn 1/4 Left And Step Right To Right Side, Scuff Left Beside Right
- 3-4 Turn 1/4 Left Making Two Jump Forward On Right While Hitching Other Knee
- 5-6 Step Left Forward, Scuff Right Beside Left
- 7-8 Step Right Forward, Stomp Left Back

ROCK RIGHT, CROSS, HOLD, ROCK FORWARD AND TURN 1/2 LEFT, STEP, STOMP

- 1-2 Rock Right Diagonally Back, Step Left Back
- 3-4 Cross Right Over Left, Hold
- 5-6 Turn 1/4 Left And Rock Forward On Left, Return On Right (Weight On It)
- 7-8 Turn 1/4 Left And Step Left Diagonally Forward, Stomp Right Beside Left

SWIVEL RIGHT FOOT, STOMP UP, KICK, BRUSH, FLICK UP BACK, STOMP

- 1-2 Swivel Right Foot To Right Side (Toe, Heel)
- 3-4 Swivel Right Toe To Right Side, Stomp Up Left Beside Right
- 5-6 Kick Left Forward, Brush Left Beside Right
- 7-8 Flick Up Back Left, Stomp Left Beside Right

SWIVET LEFT, SWIVET RIGHT, HEEL SWITCHES (LEAD LEFT)*

- 1-2 Taking Weight Onto Left Heel And Right Toe Swivel Both Toes To Left, Return Feet To Centre
- 3-4 Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right, Return Feet To Centre

***5-6 Touch Left Heel Forward, Step Left Beside Right**

***7-8 Touch Right Heel Forward, Step Right Beside Left**

TOUCH, TURN 1/2 LEFT, KICK, FLICK UP BACK, STEPS DIAGONALLY & STOMP UP

***1-2 Touch Left Toe Back, Turn 1/2 Left**

***3-4 Kick Right Forward, Flick Up Back Right**
***5-6 Step Right Diagonally Forward, Stomp Up Left Beside Right**
***7-8 Step Left Diagonally Back, Stomp Up Right Beside Left**

ROCK BACK RIGHT, STOMP UP RIGHT (TWICE)

***1-2 Jumping Rock Back On Right And Kick Left Forward, Return On Left**
***3-4 Stomp Up Right Beside Left (Twice)**

REPEAT

SUBSTITUTION

STOMP LEFT, HOLD, STOMP RIGHT, HOLD

***5-6 Stomp Left To Left Side, Hold**
***7-8 Stomp Right To Right Side, Hold**

HEELS FAN (INSIDE), KICK LEFT (TWICE), BACK, TOGETHER

1-2 Swivel Left Heel To Right Side, Return Heel To Centre
3-4 Swivel Right Heel To Left Side, Return Heel To Centre (Weight On It)
5-6 Kick Left Forward (Twice)
7-8 Step Left Back, Step Right Beside Left

STRIDE, STOMP, SWIVET RIGHT

1-2 Long Step Left Forward, Stomp Right Beside Left
3-4 Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right, Return Feet To Centre

SUBSTITUTION: Performed after 52 count during 3rd-6th-9th-10th repetition

A2 = 52 count + 16 count (substitution)

RESTART: After 16 counts of the 4th and 7th repetition, Restart the dance again -15th and 16th count:

***7-8 Turn 1/2 Right And Step Left Back, Step Right Beside Left**

FINAL: Performed after first 4 count of the substitution (10th repetition)

PIVOT 1/2 LEFT (TWICE), ROCK BACK LEFT, STOMP

1-2 Step Right Forward, Pivot 1/2 Turn Left
3-4 Repeat 1-2
5-6 Jumping Rock Back On Left And Kick Right Forward, Return On Right
7 Stomp Left Forward

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