

A Little Messed Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Shawn Antonelli (USA) & Donna Manning (USA) - July 2014
音乐: American Kids - Kenny Chesney



48 count intro - start on singing.

(1-8) □□ Heel Touches R, L, Hitch, Vine ¼ Turn L w/ a Sweep

1,2,3,4 Touch R heel fwd, R together, Touch L heel fwd, Hitch L knee
5,6,7,8 L to L side, R behind L, ¼ turn L, Ronde with R back to front (sweep) into jazz box. (9:00)

(9-16) □□ JAZZ BOX, VINE LEFT ¼ TURN, SCUFF

1,2,3,4 Step R foot over L, Step L foot back, Step R foot to R, touch L foot next to R
5,6,7,8 Step L foot to L, Step R foot behind L, Step L foot ¼ turn, Scuff R foot □□□ (6:00)

RESTART ON WALL 6 AFTER 16 COUNTS. (second time you start at 3:00 – happens facing 9:00)

(17-24) □□ RIGHT ROCKING CHAIR TWO ½ TURNS, ROCK RECOVER

1,2,3,4 Rock R foot Forward, Recover to L, Rock R foot Back, Recover to L
5,6,7,8 ½ Turn L stepping R back, ½ turn L stepping R fwd, R fwd rock, Recover to L □□ (6:00)

(25-32) □□ ½ TURN, ¼ TURN, RIGHT SAILOR STEP, STEP

1-2 ½ turn over R shoulder stepping R fwd, pause
3-4 ¼ turn over R shoulder stepping L to L side, pause
5,6,7,8 Step R foot behind L, Step L foot to L, Step R foot to R, Step L to L and slightly fwd □ (3:00)

HAVE FUN!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

Video rights assigned to choreographer. dancinfreedonna@gmail.com - www.dancinfree.com

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