

# Move

拍数: 80      墙数: 4      级数: Phrased Intermediate  
编舞者: Gail A. Dawson (USA) - July 2014  
音乐: Move - Little Mix



## 32 Count Intro

Sequence - A, first 16 of A, B, B, A, A, A, B, B, A, A, C, A, A, A, first 16 counts of A

### Part A - 32 counts

#### Walk forward, tap, walk back, tap, kick & turn

- 1-2            Right foot step forward, left foot step forward
- 3-4            Right foot tap forward, right foot step back
- 5-7            Left foot step back, right foot step back, left foot tap back
- 8 &            Left kick turning  $\frac{1}{4}$  to the left, step down next to right foot

#### Tap, kick, step tap, press right, press left

- 1                Right foot taps out to the right
- 2 & 3           Right foot kick and step right foot down next to left foot, left foot tap out to left
- 4                Left foot step next to right foot
- 5-6            Right foot step to the right (partially shifting weight to the right), then right foot steps next to left foot
- 7- 8            Left foot step to the left (partially shifting weight to the left), then left foot steps next to right foot

#### Step together triple step to each side

- 1-2            Right foot step to right, left foot steps next to right foot
- 3&4            Right foot steps to the right, left foot steps next to right, right foot steps to the right
- 5-6            Left foot steps to the left, right foot steps next to left
- 7&8            Left foot steps to the left, right foot steps next to left, left foot steps to the left

#### Hitch, step, shift weight to each side

- 1-2            Right knee, right foot steps back at a 45 degree angle, weight shifts to right
- 3-4            Shift weight to left leg, shift weight back to right leg
- 5-6            Left knee, left foot steps back at a 45 degree angle, weight shifts to left
- 7-8            Shift weight to right leg, shift weight back to left leg

### Part A – first 16 counts

### Part B – 16 Counts (always done twice for a total of 32 counts)

#### Diagonals to each side

- 1-2            Right foot steps diagonally forward to the right, left leg steps next to right
- 3-4            Right foot steps diagonally forward to the right, left leg steps next to right
- 5-6            Left foot steps diagonally forward to the left, right foot steps next to left
- 7-8            Left foot steps diagonally forward to the left, right foot steps next to left

#### Body rolls back

- 1-2            Right foot steps diagonally back, body roll as weight shifts to the right
- 3-4            Left foot steps diagonally back, body roll as weight shifts to the left
- 5-6            Right foot steps diagonally back, body roll as weight shifts to the right
- 7-8            Left foot steps diagonally back, body roll as weight shifts to the left

•□Alternative for the body rolls – step touches

**Part A 3 times**

**Part B – twice for a total of 32 counts**

**Part A – 2 times**

**Part C – 32 Counts**

**Kick, step, point to each side, triple step to each side**

1&2            Right kick, step down on right, left foot points to the left  
3&4            Left kick, step down on left, right foot point to the right  
5&6            Right step to the right, left steps next to right, right step to the right  
7&8            Left step to the left, right steps next to left, left step to the left

**Modified Chasse**

1-4            Right foot steps to the right, hold for 3 counts (head nods)  
&5            Left foot steps next to the right, right foot steps to the right  
6 7 8        Hold for 3 counts (head nods)

**Kick, step, point to each side, triple step to each side**

1&2            Left kick, step down on left, right foot points to the right  
3&4            Right kick, step down on right, left foot point to the left  
5&6            Left step to the left, right steps next to left, left step to the left  
7&8            Right step to the right, left steps next to right, right step to the right

**Modified Chasse**

1-4            Left foot steps to the left, hold for 3 counts (head nods)  
&5            Right foot steps next to the left, left foot steps to the left  
6 7 8        Hold for 3 counts (head nods)

**Part A – 3 complete times**

**Part A – first 16 Counts end with a snap circling the right arm over head & down clockwise**

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