Twist & Shout

级数: Ultra Beginner

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音乐: Twist and Shout - The Isley Brothers

Twist forward & back X2

1-8 Twist forward for 4 counts, Twist back for 4 counts.

1-8 Repeat above 8 counts.

Toe-heel strut steps, 1/4 turn

- 1-4 Step R toe forward, Step R heel down, Step L toe forward, Step L heel down.
- 5-8 Step R toe forward, Step R heel down, Step L toe 1/4 left, Step L heel down.

Step-touch & snap X4

1-4 Step R to side, Touch L next to R & snap fingers, Step L to side, Touch R next to L & snap fingers.
5-8 Step R to side, Touch L next to R & snap fingers, Step L to side, Touch R next to L & snap fingers.

Begin Again! Enjoy!



拍数: 32

墙数:4