Нарру



拍数: 64 墙数: 2

级数: Intermediate

编舞者: Daniel Trepat (NL) & Roy Verdonk (NL) - July 2013 音乐: Happy by C2C



Intro:□32 counts from first beat in music (app. 20 sec. into track). *1st Tag: In wall 4 after 32 counts a 32 count tag **2nd Tag: In wall 6 after 8 counts a 8 count tag [1 – 8]□Side, Rock & ¼ turn L, ¼ turn side, Cross, Side, Rock & ¼ turn L, ¼ turn side, Cross□

- 1 2&
 Step R to R side (1), Rock L back (2), Recover on R (&)□12:00

 3 4&
 ¼ turn L stepping L forward (3), ¼ turn L stepping R to R side (4), Cross L over R (&)□6:00
- 5-6& Step R to R side (5), Rock L back (6), Recover on R (&) \Box 6:00
- 7&8 ¼ turn L stepping L forward (7), ¼ turn L stepping R to R side (8), Cross L over R (&)12:00

[9 – 16] Side, Rock & Side, Rockstep, Swivel Charlestons forward, Rockstep fwd, Step back \square

- 1-2& Step R to R side (1), Rock L back (2), Recover on R (&) \Box 12:00
- 3 4& Step L to L side (3), Rock R back (4), Recover on L while swivelling both heels out (lifting R leg) (&) 12:00
- 5&6& Step R forward and swivel both heels in (5), Swivel both heels out (lifting L leg) (&), Step L forward and swivel both heels in (6), Swivel both heels out (lifting R leg) (&) 12:00
- 7&8 Rock R forward (7), Recover on L (&), Step R back (8) 12:00

[17 – 24] Kick side 4x stepping slightly back, Rock & Step fwd, Kick & Step back

- 1&2& Kick L to L side (1), Step L slightly back (&), Kick R to R side (2), Step R slightly back (&)□12:00
- 3&4 Kick L to L side (3), Step L slightly back (&), Kick R to R side (4), Step R slightly back (&)□12:00
- 5&6 Rock L back (5), Recover on R (&), Step L forward (6) 12:00
- 7&8 Charleston kick R forward (7), Hitch R leg (&), Step R back (8) 12:00

[25 – 32] Sailor 1/8 turn L, Walk R L, ½ turning cross shuffle, Walk L, Step out

- 1&2Cross L behind R (1), Step R slightly to R side (&), 1/8 turn L stepping L forward (2) 10:303 4Walk R forward (3), Walk L forward (4) \Box 10:30
- 5&6 3/8 turn L stepping R back (5), Cross L over R (&), 3/8 turn L stepping R back (6) 1:30
- 7 8 Walk L forward (7), 1/8 turn L stepping R to R side (8) [12:00

[33 – 40] Sailor step, Scuff, Hitch, Step, Brush diagonal Back, Out, Toe in, Heel in, 1/2 turn L

- 1&2 Step L behind R (1), Step R slightly to R side (&), Step L to L side (2) 12:00
- 3&4 Scuff R forward (3), Hitch R leg (&), Step R to R side (4)□12:00
- 5 6 Brush L diagonal behind R (5), Step L to L side (6) \Box 12:00
- 7&8Turn toes in (7), Turn heels in & bend both knees (preparation to turn) (&), Start ½ turn L
sweeping L from front to back (8)□6:00

[41 – 48] Sailor 1/8 turn L, Walk R L, ½ turning cross shuffle, Walk L, Step out

- 1&2Finish the ½ turn L Crossing L behind R (1), Step R slightly to R side (&), 1/8 turn L stepping
L forward (2) 4:30
- 3 4 Walk R forward (3), Walk L forward (4) 4:30
- 5&6 3/8 turn L stepping R back (5), Cross L over R (&), 3/8 turn L stepping R back (6) 7:30
- 7 8 Walk L forward (7), 1/8 turn L stepping R to R side (8) \Box 6:00

[49 – 56] Sailor step, Scuff, Hitch, Step, Brush diagonal Back, Out, Toe in, Heel in, 1/2 turn L

1&2 Step L behind R (1), Step R slightly to R side (&), Step L to L side (2) 6:00

- 3&4 Scuff R forward (3), Hitch R leg (&), Step R to R side (4)□6:00
- 5 6 Brush L diagonal behind R (5), Step L to L side (6) \Box 6:00
- 7&8 Turn toes in (7), Turn heels in & bend both knees (preparation to turn) (&), Start ½ turn L sweeping L from front to back (8)□12:00

[57 – 64] Sailor 1/8 turn L, Walk R L, Kick & Step back, Sailor 3/8 turn L cross

- 1&2Cross L behind R (1), Step R slightly to R side (&), 1/8 turn L stepping L forward (2)10:303-4Walk R forward (3), Walk L forward (4) \Box 10:30
- 5&6 Charleston kick R forward (5), Hitch R leg (&), Step R back (6) 10:30
- 7&8 Cross L behind R (7), 1/8 turn L stepping R slightly to R side (&), $\frac{1}{4}$ turn L crossing L over R \Box 6.00

Begin again!□

TAG 1:□In the 4th Wall after 32 counts start the tag that is 32 counts long.□ Counts 32 instead of stepping side, just touch R to R side□ Then do the first 11 counts of the dance but take your time. Every step will take 2 counts. So step hold on every step that you do. This section is in slowmotion. Then start again!□

TAG 2: \Box In the 6th wall after 8 counts start the Tag that is 8 counts long. \Box

- 1 4 Bump hips to R side
- 5 8 Bump hips to L side