

# Mary Ann Regrets

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Karen Tripp (CAN) - August 2014  
音乐: Mary Ann Regrets - Waylon Jennings & The Kimberlys : (Album: Country-Folk)



Alternate non-country: □ Crazy Talk by Chilliwack (omit tag), Album: Greatest Hits

Intro: □ Wait 16 counts (Start on vocals)

## 4 SHUFFLES FORWARD

1&2      Shuffle forward right, left, right (step forward, step together, step forward)  
3&4      Shuffle forward left, right, left  
5&6      Shuffle forward right, left, right  
7&8      Shuffle forward left, right, left

## (RT) SIDE, BEHIND, SIDE, TAP, TAP, (L) SIDE, BEHIND, SIDE, TAP TAP

1-2-3&4      Step side right, step left behind, step side right, tap left toe diagonally forward twice  
5-6-7&8      Step side left, step right behind, step side left, tap right to diagonally forward twice

## 4 SAILOR STEPS BACK

1&2      Cross right behind, step left together, step right together  
3&4      Cross left behind, step right together, step left together  
5&6      Cross right behind, step left together, step right together  
7&8      Cross left behind, step right together, step left together \*\*Dance will end here (12:00) as music fades.

## (RT) SIDE, BEHIND, SHUFFLE ¼ RIGHT, (L) STEP FORWARD, TURN ½ RIGHT, LEFT FORWARD SHUFFLE

1-2      Step side right, cross left behind  
3&4      Turn ¼ right and step right, step left together, step forward right (3:00)  
5-6      Step left forward, turn ½ right and step on right  
7&8      Shuffle forward left, right, left

## (2 LINDYS) RIGHT SIDE SHUFFLE, ROCK BACK, LEFT SIDE SHUFFLE, ROCK BACK

1&2      Shuffle side stepping right, left, right  
3-4      Rock back on left, recover forward on right  
5&6      Shuffle side stepping left, right, left  
7-8      Rock back on right, recover forward on left

## RIGHT SIDE, TOGETHER, FWD SHUFFLE, ROCK FORWARD TWICE

1-2-3&4      Step side right, step left together, shuffle forward right, left, right  
5-8      Rock forward right, recover to left, rock forward right, recover left

## LEFT SIDE, TOGETHER, BACK SHUFFLE, ROCK BACK TWICE

1-2-3&4      Step side left, step right together, shuffle back left, right, left  
5-8      Rock back right, recover to left, rock back right, recover left

## 2 FORWARD DIAGONAL STEP/TOUCHES, 2 BACK DIAGONAL STEP/TOUCHES

1-2      Step right diagonally forward, touch left next to right (clap)  
3-4      Step left diagonally forward, touch right next to right (clap)  
5-6      Step right diagonally back, touch left next to right (clap)  
7-8      Step left diagonally back, touch right to left (clap)

**TAG:** At the end of the 4th repetition facing 12:00, do 4 Paddle Turns to face 6:00.

1-8 Step forward right, pivot turn left 1/8th (do this 4X for a total of a ½ turn).

Karen Tripp, Cranbrook, BC, Canada

Email: [karen@trippcentral.ca](mailto:karen@trippcentral.ca) - Website: [www.trippcentral.ca/dance](http://www.trippcentral.ca/dance) □

---