

Mary Ann Regrets

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Improver
编舞者: Karen Tripp (CAN) - August 2014
音乐: Mary Ann Regrets - Waylon Jennings & The Kimberlys : (Album: Country-Folk)



Alternate non-country: □ Crazy Talk by Chilliwack (omit tag), Album: Greatest Hits
Intro: □ Wait 16 counts (Start on vocals)

4 SHUFFLES FORWARD

1&2 Shuffle forward right, left, right (step forward, step together, step forward)
3&4 Shuffle forward left, right, left
5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

(RT) SIDE, BEHIND, SIDE, TAP, TAP, (L) SIDE, BEHIND, SIDE, TAP TAP

1-2-3&4 Step side right, step left behind, step side right, tap left toe diagonally forward twice
5-6-7&8 Step side left, step right behind, step side left, tap right to diagonally forward twice

4 SAILOR STEPS BACK

1&2 Cross right behind, step left together, step right together
3&4 Cross left behind, step right together, step left together
5&6 Cross right behind, step left together, step right together
7&8 Cross left behind, step right together, step left together **Dance will end here (12:00) as music fades.

(RT) SIDE, BEHIND, SHUFFLE ¼ RIGHT, (L) STEP FORWARD, TURN ½ RIGHT, LEFT FORWARD SHUFFLE

1-2 Step side right, cross left behind
3&4 Turn ¼ right and step right, step left together, step forward right (3:00)
5-6 Step left forward, turn ½ right and step on right
7&8 Shuffle forward left, right, left

(2 LINDYS) RIGHT SIDE SHUFFLE, ROCK BACK, LEFT SIDE SHUFFLE, ROCK BACK

1&2 Shuffle side stepping right, left, right
3-4 Rock back on left, recover forward on right
5&6 Shuffle side stepping left, right, left
7-8 Rock back on right, recover forward on left

RIGHT SIDE, TOGETHER, FWD SHUFFLE, ROCK FORWARD TWICE

1-2-3&4 Step side right, step left together, shuffle forward right, left, right
5-8 Rock forward right, recover to left, rock forward right, recover left

LEFT SIDE, TOGETHER, BACK SHUFFLE, ROCK BACK TWICE

1-2-3&4 Step side left, step right together, shuffle back left, right, left
5-8 Rock back right, recover to left, rock back right, recover left

2 FORWARD DIAGONAL STEP/TOUCHES, 2 BACK DIAGONAL STEP/TOUCHES

1-2 Step right diagonally forward, touch left next to right (clap)
3-4 Step left diagonally forward, touch right next to right (clap)
5-6 Step right diagonally back, touch left next to right (clap)
7-8 Step left diagonally back, touch right to left (clap)

TAG: At the end of the 4th repetition facing 12:00, do 4 Paddle Turns to face 6:00.

1-8

Step forward right, pivot turn left 1/8th (do this 4X for a total of a ½ turn).

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