Burnin' It Down

拍数: 32

级数: Intermediate NC

编舞者: Gail Smith (USA) - August 2014

音乐: Burnin' It Down - Jason Aldean

INTRO: 12 seconds - After the "clap" sound, count 8 SLOW beats Starts just AFTER the start of the vocals - on the word "fingers"

R BASIC, L BASIC w 1/4 TURN L, SIDE, BEHIND-SIDE-CROSS-ROCK-SIDE-CROSS

- 1-2& Step R out to side, rock L behind, step R across L
- 3-4& Step L out to side, step R behind, turn 1/4 L and step L fwd [9:00]
- 5-6& Step R to side, step L behind, step R to side,
- 7&8& Rock L across R, rec onto R, step L to side, step R across L

L BASIC, R BASIC w 1/4 R, SIDE, BACK ROCK-REC-SIDE, SWEEPING SAILOR 1/2 TURN

- 1-2& Step L out to side, rock R behind, step L across R
- 3-4& Step R out to side, step L behind, turn 1/4 R and step R fwd [12:00]
- 5-6&7 Step L to side, rock R back, rec onto L, step R to side (prep for L turn)
- 8&1 Sweep 1/2 turn to left and step L behind R, step R to side, step L to side [6:00]

SLOW MAMBO w HIP SWAYS, FWD ROCK-REC-DRAG, COASTER STEP (prep)

- 2&3 Rock R to side, rec onto L, step R next to L (sway hips R, L, R)
- 4&5 Rock L to side, rec onto R, step L next to R (sway hips L, R, L)
- 6&7 Rock R fwd, rec onto L, large step R back AND drag L toes back
- 8&1 Step L back, step R together, step L fwd (prep for L turn)

FULL TURN, CROSS ROCK, REC, BALL-CROSS ROCK, REC, 1/4, PIVOT 3/4

- 2& Turn 1/2 L and step R back (12:00), turn 1/2 L and step L fwd [6:00]
- 3-4 Rock R across L, rec onto L
- &5-6 Ball step R slightly to side, rock L across R, rec onto R□ [3:00]
- &7-8 Turn 1/4 L and step L fwd, step R fwd, pivot 3/4 turn L □ [6:00]

ENDING: At the end of the song, you will end the dance on the back (6:00) wall.

IF you want to end facing the front - Last section: Counts 7-8 Replace the pivot 3/4 turn with a 1/4 turn to face the front.

Contact Info: smith_n_western_2@yahoo.com





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