Blue Jean Angel

拍数: 32

级数: Intermediate

编舞者: Carol Cotherman (USA) - August 2014

音乐: Angel in Blue Jeans - Train

*Immediately following the 16-count musical intro, dance the Optional 32-Count Introduction OR wait through the 16-count musical intro plus the first 32 counts of the lyrics (total of 48 counts) and then start the Main Dance. The Main Dance must start facing 12:00 after 48 beats.

OPTIONAL EASY 32-COUNT INTRO:

Step, Touch, Step, Touch, Side Shuffle, Rock, Recover

1-2-3-4 Step right to side, touch left beside right, step left to side, touch right beside left
5&6-7-8 Step right to side, step left beside right, step right to side, rock left behind right, recover on right

Step, Touch, Step, Touch, Side Shuffle, Rock, Recover

- 1-2-3-4 Step left to side, touch right beside left, step right to side, touch left beside right
- 5&6-7-8 Step left to side, step right beside left, step left to side, rock right behind left, recover on left

Toe Strut, Toe Strut, Rocking Chair

- 1-2-3-4 Touch right toe forward, step right down, touch left toe forward, step left down
- 5-6-7-8 Rock forward on right, recover on left, rock back on right, recover on left

Toe Strut, Toe Strut, Rocking Chair

- 1-2-3-4 Touch right toe forward, step right down, touch left toe forward, step left down
- 5-6-7-8 Rock forward on right, recover on left, rock back on right, recover on left

MAIN DANCE

Rock, Recover, Ball Step, Shuffle, Rock Recover, 1/2 Shuffle

- 1-2&3&4 Rock forward on right, recover on left, step right ball beside left, step left forward, step right beside left, step left forward
- 5-6-7&8 Rock forward on right, recover on left, ¼ turn right stepping right to side, step left beside right, ¼ turn right stepping right forward (6:00)

1/4 Turn, Behind, ¼ Shuffle, ¼ Turn, Behind, ¼ Shuffle

- 1-2-3&4 ¹⁄₄ Turn right stepping left to side, step right behind left, ¹⁄₄ turn left stepping left forward, step right beside left, step left forward
- 5-6-7&8 1⁄4 Turn left stepping right to side, step left behind right, 1⁄4 turn right stepping right forward, step left beside right, step right forward (6:00)

Step, 1/2 Turn, Step, Ball, Step, Ball, Step, Touch, Coaster Step

- 1-2-3&4& Step left forward, ½ pivot turn right (weight to right), step left forward, step right ball beside left, step left forward, step right ball beside left (12:00)
- 5-6-7&8 Step left forward, touch right forward, step right back, step left beside right, step right forward

Heel Grind ¼ Turn, Coaster Step, Step, ½ Hook/Touch, Shuffle

- 1-2-3&4 Touch left heel in place with toes pointing right, ¼ turn left grinding heel and moving toes from right to left, step left back, step right beside left, step left forward (9:00)
- 5-6-7&8 Step right forward, ½ pivot left keeping weight on right and hooking left over right and/or touching left toe in front of right with left knee bent, step left forward, step right beside left, step left forward (3:00)

Styling for counts 5-6 in Section 4: Raise hands above head and snap fingers or make a lasso movement with right arm.





墙数:4

REPEAT & Giddy-up!

Restart on Wall 2 after 28 counts facing 12:00.

TAG: 4-Count Rocking Chair Tag after Wall 6 facing 12:00.

Dance ends on Wall 11 facing 12:00 after the first 5 counts of the dance.

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