

One Less

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Joey Warren (USA) & Brenna Stith (USA) - August 2014
音乐: Problem (feat. Iggy Azalea) - Ariana Grande



(16 count intro) Sequence: A B C C Tag1 A B C C Tag1 A A B Tag2 C C C

Part A- 32 counts

SCUFF, HITCH, TOUCH, HEEL SWIVEL, FLICK, STEP, SIDE ROCK RECOVER CROSS, HEEL SWIVELS

- 1 & 2 Scuff R fwd, Hitch R knee up, Touch R foot in front of L (12:00)
&3&4 Swivel R heel out, Swivel back to center taking weight, Flick L Heel up, Step L beside R (12:00)
5 & 6 Rock out on R, Recover over to L, Cross R over L (12:00)
7 & 8 Step L out to side while swiveling both heels out to L, Swivel toes out to L, Swivel heels to L (weight on L) (12:00)

(The heel swivels should travel towards the L)

SAILOR, SAILOR ½ TURN, SIDE ROCK RECOVER CROSS, ¾ TRIPLE TURN

- 1 & 2 Step R behind L, Step L down in place, Step R out to R (12:00)
3 & 4 Step L behind R, ¼ Turn L stepping r in place, ¼ Turn L stepping L over R (6:00)
5 & 6 Rock R out to R, Recover over on L, Cross R over L (6:00)
7 & 8 ¼ Turn R stepping L back, ½ Turn R stepping R fwd, Step L fwd (3:00)

WALK X2, SHUFFLE, MAMBO ½ TURN, FULL TURN

- 1 2 Step R fwd, Step L fwd (3:00)
3 & 4 Step R fwd, Step L next to R, Step R fwd (3:00)
5 & 6 Rock fwd on L, Recover back on R, ½ Turn L stepping L fwd (9:00)
7 8 ½ Turn L stepping back on R, ½ Turn L stepping fwd on L (9:00)

SIDE ROCK RECOVER CROSS, POINT, TOUCH, SLIDE, BACK ROCK RECOVER SIDE, CROSSING SHUFFLE

- 1 & 2 Rock R out to R, Recover over to L, Cross R over L (9:00)
3 & 4 Point L out to L, Touch L next to R, Big step out to L with L sliding R to L (9:00)
5 & 6 Rock R back behind L, Recover down on L, Step out on R sliding L to R (9:00)
7 & 8 Cross L over R, Step R out to R, Cross L over R (9:00)

Part B- 16 counts

BASIC X2, SWAY, ¼ RECOVER, FULL TURN

- 1 2 & Step R out to R, Rock L behind R, Recover on to R (9:00)
3 4 & Step L out to L, Rock R behind L, Recover on to L (9:00)
5 6 Rock/Sway R out to R, ¼ Turn R recovering on to L (12:00)
7 8 ½ Turn R stepping back on R, ½ Turn R stepping L fwd (12:00)

¼ TURN BASIC, BEHIND SIDE CROSS, WALK AROUND ¾ TURN

- 1 2 & ¼ Turn R stepping R out to R, Rock L behind R, Recover on to R (3:00)
3 4 & Step L out to L, Step R behind L, Step L out to L (3:00)
5678 Cross R over L, ¾ Walk around stepping L, R, L (6:00)

Part C- 16 counts

STEP TOUCH X2, DOUBLE STEP RIGHT, STEP TOUCH X2, DOUBLE STEP LEFT

- 1&2& Step R out to R, Touch L next to R, Step L out to L, Touch R next to L (6:00)
3&4& Step R out to R, Step L next to R, Step R out to R, Touch L to R (6:00)
5&6& Step L out to L, Touch R next to L, Step R out to R, Touch L next to R (6:00)

7 & 8 Step L out to L, Step R next to L, Step L out to L (6:00)
(Travel slightly forward during this section)

CROSS ROCK RECOVER STEP, CROSS ROCK RECOVER ¼ TURN, JUMP OUT ¼ TURN JUMP IN ¼ TURN X2, WALK X2

1 & 2 Cross Rock R over L, Recover back on L, Step R out to R (6:00)
3 & 4 Cross Rock L over R, Recover back on R, ¼ Turn L stepping L fwd (3:00)
5&6& ¼ Turn L jumping both feet out, ¼ Turn L jumping both feet in, ¼ Turn L jumping both feet out, ¼ Turn L jumping both feet in

(weight needs to be on L here) (3:00)

Easy: ¼ L Stepping R out R, ¼ L hitching L knee up, ¼ L stepping L out L, ¼ L hitching R knee up

7 8 Walk fwd on R, Walk fwd on L (3:00)

Tag 1- 8 counts

SIDE TOGETHER CROSS, FULL TURN, RECOVER, CROSS, SIDE ROCK RECOVER

1 2 3 Step R out to R, Step L next to R, Cross R over L
4 & ¼ Turn R stepping back on L, ½ Turn R stepping R fwd
5 6 7 ¼ Turn R stepping L out to L, Recover to R, Cross L over R
8 & Rock R out to R, Recover over to L

(Always occurs at the 12:00 wall)

Tag 2- 4 counts

CROSS, UNWIND FULL TURN

1234 Cross R over L, Hold, Full Turn over counts 3 – 4 (weight ending on L)

(Occurs at the 3:00 wall) □

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