## 20 Days and 20 Nights

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7-8

1-4

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1-4

5-8

1-2

3-4 5-6

7-8

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7-8



拍数: 68 墙数: 2 级数: Intermediate - Rumba style 编舞者: Kim Nolan (UK) - September 2014 音乐: Twenty Days and Twenty Nights - Elvis Presley: (Album: That's The Way It Is -3m 16s) Intro 16ct. Start on lyrics Styling: Tilt head slightly down during sections: 1, 3, 6 & second ½ of section 8, or just tilt head down during the walks/drags Sec 1 (1-8) Slow Right Forward Chasse - Hold - Left Forward Rock - Recover - Ronde RF fwd, LF fwd to instep of right, RF fwd, Hold (Rock) LF fwd, Recover (replace weight to right) Ronde: sweep LF up from front to back in semi-circular movement Sec 2 (9-16) Weave - Hold - Right Side Rock - Recover - Cross - Hold Cross L behind right, RF to side, Cross L over right, Hold (Rock) RF to side, Recover (replace weight to left), Cross R over left, Hold Sec 3 (17-24) Left Back, Right Back (diag. across front of left), 1/2 Left Turn/Side - Drag (slide) - Weave - Hold (1) LF back, (2) Cross outer RF in front of left, (R toes facing right diagonal) (3) Turn 1/4 left (9:00) & step LF to side, (4) Drag inside of RF (toe in contact with floor) closing next to left (keep weight to left) Cross R behind left, LF to side, Cross R over left, Hold Sec 4 (25-32) Scissor Step, Hold, Right Cucaracha LF to left, Close R together, Cross L over right, Hold (5) (Rock) RF to side, (6) Recover (replace weight to left), (7-8) Close R to left over 2 cts Sec 5 (33-40) Make a square with turns: (1) Left Fwd, (2) Touch & Turn, (3) Right Back, (4) Touch & Turn, (5) Left Fwd, (6) Touch & Turn, (7) Right Back, (8) Touch & Turn (Styling: place left arm across midriff towards right side of waist on cts 4 and 8) (1) LF fwd, (2) Touch R together and Turn 1/4 left (end facing 6:00) (3) RF back, (4) Touch L together and Turn 1/4 left (end facing 3:00) repeat ct 1-2 (end facing 12:00) repeat ct 3-4 (end facing 9:00) Sec 6 (41-48) Walk - Drag (slide) - Walk - Drag (slide) - Left Fwd Rock - Recover - 1/4 Left Turn & Ronde (styling: arms slightly back, head slightly down) Walk LF fwd, Drag R top of toes together next to left Walk RF fwd, Drag L top of toes together next to right (Rock) LF fwd, Recover weight to RF (prepare to turn 1/4 left by turning RF a little left as you transfer weight) Finish turning 1/4 left (6:00) as you Ronde by sweeping LF up from front to back in semicircular movement

Sec 7 (49-56) \*Weave, Ronde, Weave, Hold

(last wall (wall 3): after ct 60 (L cucaracha) repeat from here (see below\*)

Cross L behind right, RF to side, Cross L over right, Ronde/sweep RF from back to front in 1-4

(Option:- cts 7-8, if you need more support for balance, omit the ronde, instead, after ¼ turn, point L to left)

semi-circular movement

5-8 Cross R over left, LF to side, Cross R behind left, Hold

## Sec 8 (57-64) Left Cucaracha - \*\*Walk - Drag/or Touch - Walk - Drag /or Touch

(1) (Rock) LF to side, (2) Recover (replace weight to right), (3-4) Close L to right over 2 cts
 (\*\*) Walk RF fwd, Drag top of L toes together next to right, Walk LF fwd, Drag top of R toes together next to left (weight on left) (option: near the end of music, you may prefer on cts 6

and 8 to do a subtle Touch together as the last 8 cts repeat)

## Sec 9 (65-68) Full turn: (¼ L Turn & Step R to side, - ¼ L Turn & Close L together, - Turn ½ L & Step L Fwd) - Drag (slide)

Turn ¼ left & step RF to right side (3:00), Turn ¼ left & Close L together (12:00)

Turn ½ left (completing a full turn) (6:00) stepping fwd on LF, Drag R top of toes fwd

(Option for Turn: to achieve similar effect without full turn, dance the first ½ turn (cts 1-2), then (ct3) turn ¼ L & step L to side (9:00), (ct4) Drag (slide) inside of RF together, make a quick subtle turn ¼ L ready to start again)

(end of last wall (Wall 3) repeat last 8 counts (\*\*from ct 61) x 4 more times (see below \*\*)

START AGAIN (until near the end of music, see below)

Ending: Last wall (Wall 3)

- \* after ct 60 repeat from \*section 7: ct.49 (2 min 36s) to end of routine, then ...
- \*\* repeat the last 8 cts of dance from \*\*section 8: ct 61 (2 min 51s) x 4 more times as the lyrics & music repeats then fades.

You will find yourself travelling towards the back wall as music comes to an end.

Choreographed by Kim Nolan, England, UK (Sept 2014)

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