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| Teresa's Rumba (zh) |  |

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| **拍數:** | 32 | **牆數:** | 2 | **級數:** | Absolute Beginner | . |
| **編舞者:** | Adrian Helliker (FR) - 2017年08月 | | | | |
| **音樂:** | Xin Zhong Xi Huan Jiu Shuo Ai (心中喜歡就説愛) - Teresa Teng (鄧麗君) | | | | |
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**Intro: 40 Counts into track**

**[1-8] RIGHT LEFT RUMBA BOX, FORWARD, HOLD,BACK, HOLD**

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| 1-2 | Step right to side, step left next to right 右足右踏, 左足併踏 |

|  |  |
| --- | --- |
| 3-4 | Step right forward, hold 右足前踏, 候 |

|  |  |
| --- | --- |
| 5-6 | Step left to side, step right next to left左足左踏, 右足併踏 |

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| 7-8 | Step left back, hold (Restart Here) 左足前踏, 候 （重新启动这里） |

**Easily Restart, dance on wall 4 up to 8 counts and start from scratch (12:00)**

**轻松重新启动，在墙4跳舞高达8计数，从头开始重新启动 （12:00）**

**[9-16] RIGHT COASTER STEP, HOLD, LEFT STEP, LOCK, STEP**

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| 1-2 | Step back on Right, step Left beside Right 右后退一步, 左下一步右 |

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| --- | --- |
| 3-4 | Step right forward, hold右前方一步，持有 |

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| --- | --- |
| 5-6 | Step left forward, lock right behind left 步骤左前锋，身后左锁右 |

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| 7-8 | Step forward left, hold 左一步，持有 |

**[17-24] ¼ PADDLE TURN LEFT TWICE, JAZZ BOX, CROSS**

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| 1-2 | Step right forward, ¼ turn left (Weight on left) 右前方一步，¼左转（左重量） |

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| --- | --- |
| 3-4 | Step right forward, ¼ turn left (Weight on left) 右前方一步，¼左转（左重量） |

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| 5-6 | Cross right over left, step back on left 交叉右前左，左退一步 |

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| 7-8 | Step right to right side, cross left over right 步骤权右侧，横遗留右 |

**[25-32] REVERSE RUMBA BOX**

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| --- | --- |
| 1-2 | Step right step side, left together next to right 右步骤侧，左一起旁边右 |

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| --- | --- |
| 3-4 | Step right back hold 右后退一步持有 |

|  |  |
| --- | --- |
| 5-6 | Step left to left side, right together beside left 左步左边，右边一起在左边 |

|  |  |
| --- | --- |
| 7-8 | Step left forward hold左向前迈进了一步持-持有 |