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| Knock On The Door (敲敲門) (zh) |  |

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| **拍數:** | 32 | **牆數:** | 2 | **級數:** | High Beginner | . |
| **編舞者:** | Nina Chen (TW) - 2017年12月 |
| **音樂:** | Knock on the Door (敲敲門) - Huang Xiao Feng (黃曉鳳) |
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**Intro: 32 counts**

**Sec 1: (R&L) TOE STRUT - HIP BUMP**

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| 1-4 | Touch R toe fwd - Drop R heel to the floor - Touch L toe fwd - Drop L heel to the floor |

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| 5&6, 7&8 | Step RF to R bump hip (R L R), Weight recover on L bump hip (L R L) |

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| 1-4 | 右足尖前點 - 放落右足跟回地板 - 左足尖前點 - 放落左足跟回地板 |

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| 5&6, 7&8 | 右足右踏並推臀 (右 左 右), 重心回左足並推臀 (左 右 左) |

**Sec 2: CHASSE R - ROCK BACK - RECOVER, CHASSE L - ROCK BACK - RECOVER**

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| 1&2, 3-4 | Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover onto RF |

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| 5&6, 7-8 | Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover onto LF |

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| 1&2, 3-4 | 右足右踏 - 左足併踏右足旁 - 右足右踏, 左足後下沉 - 重心回右足 |

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| 5&6, 7-8 | 左足左踏 - 右足併踏左足旁 - 左足左踏, 右足後下沉 - 重心回左足 |

**Sec 3: MONTEREY 1/4 TURN R, JAZZ BOX 1/4 TURN R**

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| 1-4 | Touch RF to R - On ball of LF 1/4 turn R (3:00) step RF beside LF - Touch LF to L - Step LF beside RF |

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| 5-8 | Cross RF over LF - Step LF back - 1/4 turn R (6:00) step RF to R - Cross LF over RF |

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| 1-4 | 右足右側點 - 左足向右墊轉1/4 (3:00) 右足併踏左足旁 - 左足左側點 - 左足併踏右足旁 |

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| 5-8 | 右足前跨 - 左足後踏 - 右轉1/4 (3:00) 右足右踏 - 左足前跨 |

**Sec 4: (R&L) SIDE TOUCH, HIP BUMP**

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| 1-4 | Step RF to R - Touch L toes to L - Step LF to L - Touch R toes to R |

**(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)**

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| 5-8 | Bump hip ( R L R L) |

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| 1-4 | 右足右踏 - 左足左點 ( - 左足左踏 - 右足右點 |

**(可自選: 旁踏時轉臀 - 側點時推臀)**

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| 5-8 | 推臀 (右 左 右 左) |

**Tag1: After Wall3 (6:00)**

**T1Sec 1: (R&L) DIAGONAL FWD SHUFFLE - JAZZ BOX 1/4 TURN R**

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| 1&2, 3&4 | Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd |

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| 5-8 | Cross RF over LF - Step LF back - 1/4 turn R (9:00) step RF to R - Cross LF over RF |

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| 1&2, 3&4 | 右足略右斜前踏 - 左足鎖於右足後 - 右足略右斜前踏, 左足略左斜前踏 - 右足鎖於左足後 - 左足略左斜前踏 |

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| 5-8 | 右足前跨 - 左足後踏 - 右轉1/4 (9:00) 右足右踏 - 左足前跨 |

**T1Sec 2: (R&L) DIAGONAL FWD SHUFFLE - JAZZ BOX 1/4 TURN R**

|  |  |
| --- | --- |
| 1&2, 3&4 | Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd |

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| 5-8 | Cross RF over LF - Step LF back - 1/4 turn R (9:00) step RF to R - Cross LF over RF |

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| 1&2, 3&4 | 右足略右斜前踏 - 左足鎖於右足後 - 右足略右斜前踏, 左足略左斜前踏 - 右足鎖於左足後 - 左足略左斜前踏 |

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| 5-8 | 右足前跨 - 左足後踏 - 右轉1/4 (9:00) 右足右踏 - 左足前跨 |

**Tag 2: After Wall6 (6:00)**

**T2Sec1: FWD SHUFFLE 1/4 TURN R. (x4)**

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| 1&2, 3&4 | Fwd shuffle (R L R) 1/4 turn R (9:00), Fwd shuffle (L R L) 1/4 turn R (12:00) |

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| 5&6, 7&8 | Fwd shuffle (R L R) 1/4 turn R (3:00), Fwd shuffle (L R L) 1/4 turn R (6:00) |

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| 1&2, 3&4 | 前交換步 (右 左 右) 向右轉1/4 (9:00), 前交換步 (左 右 左) 向右轉1/4 (12:00) |

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| 5&6, 7&8 | 前交換步 (右 左 右) 向右轉1/4 (3:00), 前交換步 (左 右 左) 向右轉1/4 (6:00) |

**Ending : After Wall9 (12:00)**

**Sec E1: (R&L) SIDE TOUCH, HIP BUMP**

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| 1-4 | Step RF to R - Touch L toes to L - Step LF to L - Touch R toes to R |

**(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)**

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| 5-8 | Bump hip ( R L R L) |

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| 1-4 | 右足右踏 - 左足左點 - 左足左踏 - 右足右點 |

**(可自選: 旁踏時轉臀 - 側點時推臀)**

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| 5-8 | 推臀 (右 左 右 左) |

**Sec E2: (R&L) SIDE TOUCH, HIP BUMP**

|  |  |
| --- | --- |
| 1-4 | Step RF to R - Touch L toes to L - Step LF to L - Touch R toes to R |

**(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)**

|  |  |
| --- | --- |
| 5-8 | Bump hip ( R L R L) |

|  |  |
| --- | --- |
| 1-4 | 右足右踏 - 左足左點 ( - 左足左踏 - 右足右點 |

**(可自選: 旁踏時轉臀 - 側點時推臀)**

|  |  |
| --- | --- |
| 5-8 | 推臀 (右 左 右 左) |

**Sec E3: CHASSE R - ROCK BACK - RECOVER, CHASSE L - ROCK BACK - RECOVER**

|  |  |
| --- | --- |
| 1&2, 3-4 | Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover onto RF |

|  |  |
| --- | --- |
| 5&6, 7-8 | Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover onto LF |

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| --- | --- |
| 1&2, 3-4 | 右足右踏 - 左足併踏右足旁 - 右足右踏, 左足後下沉 - 重心回右足 |

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| --- | --- |
| 5&6, 7-8 | 左足左踏 - 右足併踏左足旁 - 左足左踏, 右足後下沉 - 重心回左足 |

**Have Fun & Happy Dancing !!!**

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