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| N.T.A. Express |  |

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| **拍數:** | 32 | **牆數:** | 4 | **級數:** | Intermediate | . |
| **編舞者:** | Various NTA Members | | | | |
| **音樂:** | Grandpa - The Judds | | | | |
| . | | | | | | |

**KICK-BALL-CROSS**

|  |  |
| --- | --- |
| 1 | Kick right foot forward |

|  |  |
| --- | --- |
| & | Step back on ball of right foot |

|  |  |
| --- | --- |
| 2 | Cross left foot in front of right |

|  |  |
| --- | --- |
| 3 | Step back on right foot |

|  |  |
| --- | --- |
| 4 | Step left foot beside right |

**ROCK STEP**

|  |  |
| --- | --- |
| 5 | Rock forward onto right foot |

|  |  |
| --- | --- |
| 6 | Rock back on left foot |

|  |  |
| --- | --- |
| 7 | Rock forward onto right foot |

|  |  |
| --- | --- |
| 8 | Rock back on LEFT foot |

**CROSS POINT STEP**

|  |  |
| --- | --- |
| 9 | Point right toe out to right side |

|  |  |
| --- | --- |
| 10 | Cross right foot in front of left |

|  |  |
| --- | --- |
| 11 | Point left toe out to left side |

|  |  |
| --- | --- |
| 12 | Cross left foot in front of right |

|  |  |
| --- | --- |
| 13 | Point right toe out to right side |

|  |  |
| --- | --- |
| 14 | Cross right foot in front of left |

|  |  |
| --- | --- |
| 15 | Step back on left foot |

|  |  |
| --- | --- |
| 16 | Step right foot beside left |

**TURNING VINE - LEFT**

|  |  |
| --- | --- |
| 17 | Point left toe across in front of right at 45 degree angle to the right |

|  |  |
| --- | --- |
| 18 | Step left foot to left and turn ¼ turn to the left (9:00 o'clock) |

|  |  |
| --- | --- |
| 19 | Step to left on right foot and turn ¼ turn to left (6:00 o'clock) |

|  |  |
| --- | --- |
| 20 | Cross left foot behind right and turn ½ turn to the left (12:00 o'clock) |

**TURNING VINE - RIGHT**

|  |  |
| --- | --- |
| 21 | Point right toe across in front of left at 45 degree angle to the left |

|  |  |
| --- | --- |
| 22 | Step right foot to right and turn ¼ turn to the right (3:00 o'clock) |

|  |  |
| --- | --- |
| 23 | Step to right on left foot and turn ¼ turn to the right (6:00 o'clock) |

|  |  |
| --- | --- |
| 24 | Cross right foot behind left and turn ¾ turn to right (3:00 o'clock) |

**STRUTS**

|  |  |
| --- | --- |
| 25 | Step forward on left heel |

|  |  |
| --- | --- |
| 26 | Slap ball of left foot down |

|  |  |
| --- | --- |
| 27 | Step forward on right heel |

|  |  |
| --- | --- |
| 28 | Slap ball of right foot down |

|  |  |
| --- | --- |
| 29 | Step forward on left heel |

|  |  |
| --- | --- |
| 30 | Slap ball of left foot down |

**KICK-BALL-CHANGE**

|  |  |
| --- | --- |
| 31&32 | Kick-ball-change starting on right foot |

**REPEAT**