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| Love-A-Holics Anonymous |  |

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| **拍數:** | 48 | **牆數:** | 4 | **級數:** | High Beginner | . |
| **編舞者:** | Pat Esper (USA) - November 2016 | | | | |
| **音樂:** | 12 Step Program (of Love) by D. D. Alan | | | | |
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**Dance map: 16 intro-48-48-48-48-48-16 Restart-48-48…**

**[1-8]: Full k-step**

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| 1-2. | Step forward on the right foot at an angle. Touch the left foot next to the right |

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| 3-4. | Step back at an angle on the left foot. Touch the right foot next to the left. |

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| 5-6. | Step back at an angle on the right foot. Touch the left foot next to the right. |

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| 7-8. | Step forward at an angle on the left foot. Touch the right foot next to the left. |

**[9-16]: Vine right. Touch, Vine left, Quarter turn touch**

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| 1-2. | Step the right foot to the side. Step the left foot behind the right. |

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| 3-4. | Step the right foot to the side. Touch the left foot next to the right. (option: scuff the left) |

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| 5-6. | Step the left foot to the side. Step the right foot behind the left. |

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| 7-8. | Step the left to the side. Turn a quarter turn to the left and touch the right foot next to the left. |

**[17-24]: Stomp, Clap, Stomp, Clap, Triple forward, Rock, Recover**

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| 1-2. | Stomp the right foot forward. Clap. |

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| 3-4. | Stomp the left foot forward. Clap |

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| 5&6. | Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot. |

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| 7-8. | Rock forward on the left foot. Recover onto the right foot. |

**[25-32]: Half turn step, Hitch turn, Step, Hitch turn, Step, Hitch, Step, Step together**

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| 1-2. | Turning a half turn to the left, Step forward on the left foot. Hitch the right knee up while turning a half turn left. |

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| 3-4. | Step down (slightly back) on the right foot. Hitch the left knee up while turning a half turn to the left. |

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| 5-6. | Step forward on the left foot. Hitch the right knee up with a slight scoot forward. |

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| 7-8. | Step forward on the right foot. Step the left foot next to the right. |

**[33-40]: Ramble to the right, Clap, Ramble to the left, Clap**

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| 1-2. | Turn the heels to the right. Turn the toes to the right. |

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| 3-4. | Turn the heels to the right. Clap. |

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| 5-6. | Turn the heels to the left. Turn the toes to the left. |

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| 7-8. | Turn the heels to center. Clap. |

**[41-48]: Monterey quarter turn right. Monterey quarter turn right.**

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| 1-2. | Touch the right toes to the side. Turn a quarter turn to the right and step the right foot next to the left. |

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| 3-4. | Touch the left toes to the side. Step the left foot next to the right. |

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| 5-6. | Touch the right toes to the side. Turn a quarter turn to the right and step the right foot next to the left. |

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| 7-8. | Touch the left toes to the side. Step the left foot next to the right. |

**Start again**

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