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| **拍數:** | 32 | **牆數:** | 1 | **級數:** | Improver | . |
| **編舞者:** | Mary Bee Friedrich (DE) - October 2018 | | | | |
| **音樂:** | Used to Have It All - FÄIS & Afrojack : (3:25) | | | | |
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**Start dancing after Count 32, Mambo, cross**

**Section 1 Side Rock, Coaster Step, Side Rock, Coaster Step**

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| 1-2 | RF Rock to right side, LF recover on left |

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| 3&4 | RF Step back, LF Step back close to RF, RF Step fwd. |

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| 5-6 | LF Rock to left side, RF recover on right |

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| 7&8 | LF Step back, RF Step back close to LF, LF Step fwd. |

**Section 2 Walk r l ,Shuffle, Rock fwd., Triple ½ Turn**

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| 9-10 | RF Step fwd., LF Step fwd. |

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| 11&12 | RF Step fwd., LF lock to RF, RF Step fwd. |

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| 13-14 | LF Rock fwd., RF recover on right |

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| 15&16 | LF Step ¼ Turn left, RF close to LF, LF Step ¼ Turn left |

**Section 3 Walk r l, Mambo Cross, Walk l r, Mambo Cross**

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| 17-18 | RF Step fwd., LF Step fwd. |

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| 19&20 | RF Rock to Right side, LF recover on left, RF cross over LF |

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| 21-22 | LF Step fwd., RF Step fwd. |

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| 23&24 | LF Rock to Left side, RF recover on Right, LF cross over RF |

**Section 4 Quarter turn back, Quarter Turn left.,Shuffle, Rockìn Chair, Ball Step**

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| 25-26 | RF ¼ turn back Right, LF ¼ Turn left |

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| 27&28 | RF Step fwd., LF close to RF, RF Step fwd. |

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| 29-30 | LF Rock fwd., RF recover on right |

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| 31-32& | LF Rock back, RF recover on right, RF Ball Step on place, LF recover on left |

**\* Have fun and make some POP – Moves 😊**

**Contact: marybeefriedrich@web.de \***