A Perfect Night (zh)

拍數: 48　　　　**牆數:** 2　　　　**級數:** Improver

編舞者: Niels Poulsen (DK) - 2011年01月

音樂: Stay the Night - James Blunt

前奏 : Intro: 64 counts from first beat in music (20 secs into track). Weight on L

第一段	**R point touch point, behind side cross, L point touch point, behind side fw**
1&2	Point R to R side (1), touch R next to L (&), point R to R side (2) 右足右點, 右足併點, 右足右點
3&4	Cross R behind L (3), step L to L side (&), cross R over L (4) 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
5&6	Point L to L side (5), touch L next to R (&), point L to L side (6) 左足左點, 左足併點, 左足左點
7&8	Cross L behind R (7), step R to R side (&), step fw on L (8) 左足於右足後交叉踏, 右足右踏, 左足前踏

第二段	**Run R L R, L mambo, R back lock step, L shuffle ½ L**
1&2	Run fw on R (1), run fw on L (&), run fw on R (2) 右足前跑, 左足前跑, 右足前跑
3&4	Rock fw on L (3), recover weight back on R (&), step back on L (4) 左足前下沉, 右足回復, 左足後踏
5&6	Step back on R (5), lock L over R (&), step back on R (6) 右足後踏, 左足於右足前鎖踏, 右足後踏
7&8	Turn ¼ L stepping L to L side (7), step R next to L (&), turn ¼ L stepping fw on L (8) 左轉90度左足左踏, 右足併踏, 左轉90度左足前踏

第三段	**R side rock cross, side rock ¼ R fw, R side rock cross, L side rock ¼ R fw**
1&2	Rock R to R side (1), recover weight to L foot (&), cross R over L (2) 右足右下沉, 左足回復, 右足於左足前交叉踏
3&4	Rock L to L side (3), turn ¼ R recovering fw onto R (&), step fw on L and slightly across R (4) 左足左下沉, 右轉90度右足回復, 左足於右足前交叉踏
5&6	Rock R to R side (5), recover weight to L foot (&), cross R over L (6) 右足右下沉, 左足回復, 右足於左足前交叉踏
7&8	Rock L to L side (7), turn ¼ R recovering fw onto R (&), step fw on L (8) 左足左下沉, 右轉90度右足回復, 左足前踏

第四段	**R toe strut, L toe strut, R kick out out, R sailor, L sailor ¼ L**
1&2&	Touch R toe fw (1), step down on R foot (&), touch L toe fw (2), step down on L foot (&) 右足趾前點, 右足踏, 左足趾前點, 左足踏
3&4	Kick R fw (3), step R back and slightly out to R side (&), step L a small step out to L side (4) 右足前踢, 右足略右後踏, 左足略左踏
5&6	Cross R behind L (5), step L to L side (&), step R to R side (6) 右足於左足後交叉踏, 左足左踏, 右足右踏
7&8	Cross L behind R (7), turn ¼ L stepping R to R side (&) step L to L side (8) 左足於右足後交叉踏, 左轉90度右足右踏, 左足左踏

第五段	**R toe strut, L toe strut, R kick out out, R sailor, L sailor ¼ L**
1&2&	Touch R toe fw (1), step down on R foot (&), touch L toe fw (2), step down on L foot (&) 右足趾前點, 右足踏, 左足趾前點, 左足踏

3&4	Kick R fw (3), step R back and slightly out to R side (&), step L a small step out to L side (4) 右足前踢, 右足略右後踏, 左足略左踏
5&6	Cross R behind L (5), step L to L side (&), step R to R side (6) 右足於左足後交叉踏, 左足左踏, 右足右踏
7&8	Cross L behind R (7), turn ¼ L stepping R to R side (&) step L to L side (8) 左足於右足後交叉踏, 左轉90度右足右踏, 左足左踏

第六段	**Diagonally fw R, tap L behind, back L, kick R, behind side cross. Repeat with L**
1&2&	Step R fw to R corner but still facing 6:00 (1), tap L toe behind R (&), step L diagonally back L (2), kick R fw (&) 右足右斜角前踏(仍面向6點鐘), 左足趾於右足後點, 左足斜角後踏, 右足前踢
3&4	Cross R behind L (3), step L next to R (&), cross R over L (4) 右足於左足後交叉踏, 左足併踏, 右足於左足前交叉踏
5&6&	Step L fw to L corner but still facing 6:00 (5), tap R toe behind L (&), step R diagonally back R (6), kick L fw (&) 左足左斜角前踏(仍面向6點鐘), 右足趾於左足後點, 右足斜角後踏, 左足前踢
7&8	Step back on L (7), step R next to L (&), cross L over R (8) 左足後踏, 右足併踏, 左足於右足前交叉踏

Ending: Complete 6th wall, you'll be facing 12:00. Point R foot out to R side
第六面牆結束時, 剛好面向12點鐘, 做右足右點結束動作