

# Always Is

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Kathryn Sloan (AUS) - September 2014  
音樂: Everything I Shouldn't Be Thinking About - Thompson Square : (Album: Just Feels Good - 2:58)



Starts 16 counts in on vocals, with weight on left, travels in clockwise direction - 116 BPM

**[1 – 8] □ □ Toe strut, toe strut, toe strut, toe strut (12.00)**

1,2,3,4      Point R toe forward, drop R heel, point L toe forward, drop L heel  
5,6,7,8      Point R toe forward, drop R heel, point L toe forward, drop L heel

**[9 – 16] □ □ Side, together, back, touch, side, together, forward, touch (12.00)**

1,2,3,4      Step R to right side, step L beside R, step R back, touch L beside R  
5,6,7,8      Step L to left side, step R beside L, step L forward, touch R beside L

**[17 – 24] Rocking chair, pivot half, walk, walk \* (6.00) □**

1,2,3,4      Rock forward on R, replace weight to L, rock back on R, replace weight to L  
5,6,7,8      Step R forward, turning 180° left transferring weight to L, step R forward, step L forward\*

**[25 – 32] □ Vine right, vine left ¼, scuff □ (3.00)**

1,2,3,4      Step R to right side, step L behind R, step R to right side, touch L beside R  
5,6,7,8      Step L to left side, step R behind L, turning 90° left step L forward, scuff R beside L

**Repeat**

**Restarts:-**

**On walls 3 and 6 Restart after 24 counts \***

**(You will be facing the back wall for both restarts and be restarting the dance from the front wall)**

**NOTE:-**

I originally choreographed this to the Thompson Square version of this track which is not yet available in Australia, there are a number of version on itunes – all of which the dance fits to.

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Version 1