Love Is ... (aka Sciatic Cha Cha)



拍數: 64 牆數: 4 級數: Intermediate - latin style

編舞者: Adrian Churm (UK) - September 2014

音樂: She Will Be Loved (feat. Maroon 5) - Rhythms del Mundo



Sec 1: Side, back rock, chasse right with ¼ turn, ½ turn right, ½ turn chasse right. 1 - 3Step left foot to the side, right foot rock back, recover forward onto left. 4&5 Chasse to the right side R,L,R making a 1/4 turn right on count 5 6 - 7Step left foot forward, make a ½ turn right, weight ends on right ½ turn chasse L,R,L to the right (ending left foot to the side). [3] 8&1 Sec 2: □Cross behind, ½ turn (unwind) right, cross over, rock recover turn, coaster step. 2 - 3Cross ball of right foot behind left (starting turn), ½ turn right left foot to the side. 4&5 Step right foot across left, left foot to the side (ball of foot), step right foot across left. 6 - 7Rock left foot out to the side recover onto right (start to turn left), 8 & 1 1/4 turn left step left foot back, close right foot next to left, step left foot forward [6]

Sec 3: □½ turn left lock step forward, ¼ sweep right, lock step back,

2 – 3	Step right foot forward, make a ½ turn left (weight ends on left).
4&5	Step right foot forward, cross left behind right, step right foot forward.
6 – 7	1/4 turn right sweeping left foot around to the front, step onto left foot
8&1	Step right foot back, cross left in front of right, step right foot back. [3]

Sec 4: □Close, step forward lock step forward, ¼ sweep left, coaster step.

2 – 3	Close left foot to right, step right foot forward.
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4&5	Step left foot forward, cross right behind left, step left foot forward.
6 – 7	1/4 left sweeping right foot around to the front, step onto right foot.
8&1	Step left foot back, close right foot to left, step left foot forward. [12]

Sec 5: ☐ Forward rock, ½ turn chasse right, cross in front, unwind ½ right coaster step.

2 – 3 Rock right foot forward, recover onto left (starting to turn right	2 – 3	Rock right foot forward,	recover onto left	(starting to turn right)
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4&5 ½ turn to right as you chasse around R,L,R.

6 – 7 Step left foot forward and across the right, unwind ½ turn right (weight ends on left)

Step right foot back, close left next to right, step right foot forward. [12]

Sec 6: □Samba step (pushing hip out)x2, step forward ¼ turn left.

2&3	Step left foot forwards to right diagonal, rock right foot to the side (hip right), recover onto left
	foot.
4&5	Step right foot forwards to left diagonal, rock left foot out to the side (hip Left), recover onto

right foot.

6 – 7 Step left foot forward and across the right slightly to the right diagonal, ¼ turn left step right

foot back

Step left foot back, close right foot to left, step left foot forward. [9]

Sec 7: □Point Right foot across side, behind, side, in front, point sweep, coaster step.

2 - 3)	 JI ACHUSS IEH	 foot to the side.

4&5 Step right foot behind left, step left foot to the side, step right foot in front of left

6 – 7 Point left foot across right, sweep left around out to the left.

Step left foot back, close right foot to left, step left foot forward. [9]

Sec 8:□Forward rock, ½ turn chasse right, cross in front, unwind ½ right coaster step.

- 2 3 Rock right foot forward, recover onto left (starting to turn right).
- 4&5 ½ turn to right as you chasse around R,L,R.

- 6 7 Step left foot forward, ½ turn right (weight ends on right)
- 8 1 Step left foot to the side, hold allow weight to settle in the left leg allowing the hip to move left. \square [9]

Restarts:

Wall 2 facing 6 o'clock dance up to and including count 4 (right foot behind) in the 7th section, restart Wall 5 facing 9 o'clock replace the coaster step on counts 8&1 in the 7th section with a sailor step starting with the right foot ending with the left foot to the side (this will be the first step of the dance again).

Ending: Wall 6 facing 6 o'clock after the $\frac{1}{2}$ turn on counts 6 – 7 in the 8th section simply cross left over right unwind $\frac{1}{2}$ turn right to face the front.

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