Saku Shake



拍數: 32 牆數: 4 級數: Improver

編舞者: Darren Bailey (UK) - September 2014

音樂: Moviendo Caderas (feat. Daddy Yankee) - Yandel



Rocks x3 (R,L,F), 1/4 turn L Rock, Flick.

1-2	Rock Rf to R side, Bring Rf back in and place weight on Rf
3-4	Rock Lf to L side, Bring Lf back in and place weight on Lf
5-6	Rock forward on Rf, Bring Rf back in and place weight on Rf

7-8 Make a 1/4 turn L and rock Lfto L side, recover onto Rf and flick up Lf

Cross Samba, Jazz Box 1/4 turn R, Hips Rolls or Shake.

1&2	Cross Lf over Rf, Rock Rf to R side, recover onto Lf
3-4	Cross Rf over Lf, make a 1/4 R and step back on Lf
5	Step Rf to R side and roll hips anti clockwise

6-7 Roll hips anti clockwise x2

8 Close Lf next to Rf (Restart here on wall 9 Facing 12:00)

Diagonal Shuffles x2 (R,L), 1/2 turn R Diagonal Shuffles x2 (R,L)

1&2	Step Rf to R diagonal, close Lf next to Rf, step Rf to R diagonal
3&4	Step Lf to L diagonal, close Rf next to Lf, step Lf to L diagonal

5&6 Make a 1/2 turn R and step Rf to R diagonal, close Lf next to Rf, step Rf to R diagonal

7&8 Step Lf to L diagonal, close Rf next to Lf, step Lf to L diagonal (Arms..Push both hands up on R Shuffles, Pump R hand across on L Shuffles)

Jazz Box 1/4 turn R, 1/2 Pivot Turn L x 2.

1-2 Cross Rf over Lf, step back on Lf pushing hips to	oack
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3-4 Make a 1/4 turn R and step Rf to R side, step forward on Lf

5-6 Step forward on Rf, make a 1/2 pivot turn L7-8 Step forward on Rf, make a 1/2 pivot turn L

Enjoy.

Last Update - 19th Sept 2014