Hakka Cha

拍數: 80

級數: Low Intermediate

編舞者: BM Leong (MY) - October 2014

音樂: Jian ren jiang gui hua by Zhang Xiao Lin

Sequence of dance: 56/80/56/80/56/80/56 (for the first wall do the two jazz boxes without turning). Start the dance after 32 counts.

OUT, OUT, IN, IN, SIDE, FLICK, SIDE, FLICK

- Step R out, step L out 1-2
- 3-4 Step R in, step L in
- 5-6 Step R to right side, flick L to right side behind R pointing both hands to the right
- 7-8 Step L to left side, flick R to left side behind L pointing both hands to the left

RIGHT & LEFT TOE STRUTS, MONTEREY 1/2 TURN RIGHT

- 1-2 Touch right toes forward, step right heel down drawing right fingers across eyes
- 3-4 Touch left toes forward, step left heel down drawing left fingers across eves
- 5-6 Point R to right side, turning 1/2 right step R beside L
- 7-8 Point L to left side, step L beside R

OUT, OUT, IN, IN, SIDE, FLICK, SIDE, FLICK

- 1-2 Step R out, step L out
- 3-4 Step R in, step L in
- 5-6 Step R to right side, flick L to right side behind R pointing both hands to the right
- 7-8 Step L to left side, flick R to left side behind L pointing both hands to the left

RIGHT & LEFT TOE STRUTS, MONTEREY 1/2 TURN RIGHT

- Touch right toes forward, step right heel down drawing right fingers across eyes 1-2
- 3-4 Touch left toes forward, step left heel down drawing left fingers across eyes
- 5-6 Point R to right side, turning 1/2 right step R beside L
- 7-8 Point L to left side, step L beside R

RIGHT & LEFT DIAGONAL FORWARD SHOOPS WITH SCUFFS

- 1-2 Along the right diagonal step R forward, step L beside R
- 3-4 Step R forward again, scuff L forward
- 5-6 Along the left diagonal step L forward, step R beside L
- 7-8 Step L forward again, scuff R forward

"SIDE, BEHIND" X 4

- 1-2 Step R to right side raising both arms, cross-touch L behind R pulling both elbows down
- 3-4 Step L to left side raising both arms, cross-touch R behind L pulling both elbows down
- 5-6 Step R to right side pushing both arms forward, cross-touch L behind R pulling both elbows in
- 7-8 Step L to left side pushing both arms forward, cross-touch R behind L pulling both elbows in

JAZZ BOX 1/4 TURN RIGHT X 2

- 1-2 Cross R over L, step L back
- 3-4 Turning 1/4 right step R to right side, step L beside R
- 5-6 Cross R over L, step L back
- 7-8 Turning 1/4 right step R to right side, step L beside R

(NOTE: only for the first wall, do both jazz boxes with turning as below:)

- Cross R over L, step L back, step R to right side, touch L beside R 1-4
- 5-8 Cross L over R, step R back, step L to left side, touch R beside L





牆數: 2

"STEP, SHIMMY SHOULDERS, TOGETHER" X 2

- 1-4 Step R forward along right diagonal, shimmy, shimmy, touch L beside R
- 5-8 Step L forward along left diagonal, shimmy, shimmy, touch R beside L

MAKE 1/4 TURN RIGHT STEP-TOUCH, HIP BUMPS, 1/2 TURN LEFT STEP-TOUCH, HIP BUMPS

- 1-2 Turning 1/4 right step R forward, touch L beside R
- 3-4 Bump hips right twice
- 5-6 Turning 1/2 left step L forward, touch R beside L
- 7-8 Bump hips left twice

MAKE 1/4 TURN RIGHT "JUMP BACK – TOUCH" X 4

- 1-2 Turning 1/4 right jump R back diagonally, touch L beside R
- 3-4 Jump L back diagonally, touch R beside L
- 5-6 Jump R back diagonally, touch L beside R
- 7-8 Jump L back diagonally, touch R beside L

(Do the above jump-touch with body bounce)

Contact: www.sjlinedancer.blogspot.com